



PS parallel sport

Visit the DSF website to download a registration form or calendar of events. The news and results sections are constantly being updated. Check out the results from the first Fife cross country championships.

The Newsletter of Disability Sport Fife

Edition 36 May 2015

AGM and Awards Evening celebrate success and recognise excellence

The 2015 and 38th DSF AGM and Awards Evening was attended by 80 delegates and awards were made to 30 athletes, players, coaches and volunteers by Provost Jim Leishman and SDS Chair Janice Eaglesham. DSF Chair Paul Noble and DSF President Richard Brickley led the proceedings and paid tribute to the many individuals and agencies that had partnered DSF in the year past and contributed to the most successful sporting year in DSF history. There was much to celebrate during the review of the year at the AGM.

Alison Patrick and Stefan Hoggan excelled at the GB Para Triathlon Championships in Wales and Derek Rae finished fifth in the IPC World Marathon Championships in London. Craig Rodgie won three national open titles and led Team Fife home to second place in the team competition for the Kintore Trophy. DSF organised the first Fife Cross Country Championships with support from Fife AC and 80 athletes participated. Callum Sloan became the first Fife athlete to compete in the London mini marathon. The Fife Open golf championships attracted another healthy entry from all over the country and DSF acknowledges support yet again from Elmwood Golf Club and SRUC/Fife College in Cupar.

DSF has added new lawn bowls and carpet bowls sessions to the weekly programme this term and there are now inclusive club tennis sessions at Dunfermline TC, Falkland TC and within a short period also at Newport TC. DSF is at the final stages of introducing new coach led swimming and gym sessions at Kirkcaldy Pool. The Fife Inclusive Performance Football Academy is thriving with support from partner Active Fife Scottish FA development officers. DSF and partner Badminton Scotland will deliver another workshop early in June.

Five Fife performance swimmers head to Glasgow for classification in June and the largest representation from DSF will compete in the June SDS Performance Gala. DSF has attracted a significant number of throwers to the new throws group which sits as part of the Glenrothes run, jump and throws session. The new throwing frames are making a significant impact in the lead up to the Fife Championships.

Richard Brickley MBE — President Disability Sport Fife



Alison Patrick (right) World Para-triathlon champion in 2014 and 2015 winner of the British Championship in Wales.



Callum Sloan the first Fife competitor in the London mini marathon Medalists at the first Fife Cross Country Championships supported by Fife AC



DSF Award Winners who attended the Awards Evening and AGM in Glenrothes.



Runners up to WOS at the 2015 SDS Senior Swimming Championships



DSF swimmer of the year and Team Fife captain Craig Rodgie led by example at the 2015 Senior Championships for swimmers with a learning disability at Tollcross. Competing in five open class events and up against fellow GB international Scott Quin he won 50 back, 50 fly and 100 free in 58.16 despite recently recovering from a leg injury. Craig inspired his fellow Team Fife swimmers to a second place finish behind West of Scotland and ahead of Tayside in the competition for the Kintore Trophy. The Fife team won a total of 36 medals including 12 national titles and 13 runners up medals. DSF coach Kay Maxwell was Fife team manager for the first time.

Derek Rae finishes in fifth place at the 2015 World Marathon Championships.

Derek Rae from Anster Haddies recorded 5th place in the T46 class at the IPC World Marathon Championships in London. Derek completed the course in 2.40.40 for a personal best time by four minutes. Derek's time for the half marathon was 1.18.16 and his overall finishing position placed him at number five in the world. This was Derek's first GB call up and just reward for months of hard training under the watchful eye of coach Ron Morrison from Fife AC. Since a motor cycle accident severely impaired one side of his upper body, Derek has committed himself totally to lowering his times in the hope that one day he will receive the call up for Team GB for the Paralympic Games.



2015 Fife Boccia Finalists 2015

Wayne Samut Access Award Winner 2015



Team GB London –Derek Rae 3rd left back row. Pamela Robson Joint Coach of the Year



DSF Ambassador of the Year Anna Capon

Sarah Jane Ewing Joint Coach of the Year



Disability Sport Fife is a registered
Scottish Charity

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The 2015 GB Para Triathlon Championships were held in Llanelli in Wales and Alison Patrick and Stefan Hoggan from Fife competed. Alison is the reigning world champion in her class and not surprisingly won the GB title in a time of 01.11.08 and had the satisfaction of being sixth overall and the first female athlete to complete the course. Alison is now looking forward to the European Championships. Competing in his first Para Triathlon Stefan finished fourth in his class in 01.10.39 and recorded the 5th fastest time overall. Stefan was informed two days after the event that he is being retained on the British Triathlon Fast Track programme for a further 12 months in Loughborough. Coach Alistair Donaldson is pleased with his progress and recognises that there is room for improvement in transitions as well as individual race disciplines. Stefan enjoyed 10 years in performance swimming before being offered the chance to train for Para Triathlon.

Website:

www.fifeleisure.org.uk - find us in the health and well being drop down menu



Supported by



Steve Donnelly was recognised at the 2015 Awards Evening for over twenty years of support for DSF as an officer of key partner Fife Sports and Leisure Trust.

Retiring Balwearie HS teacher Teresa Hunter was awarded the Thomson Cup Service to Sport award for years of promoting the DSF partnership with Education Services. Thanks to Teresa's encouragement many pupils with additional support needs over many years have taken up sport and engaged with DSF.

Helima Mutch of the FSLT was recognised at the Awards Evening for the major role she has played as the lead coach at the well established FSLT multi sports sessions at the MWC in Glenrothes. Over 100 adults attend weekly.



Disability Sport Fife (DSF) is listed on the MyDonate website and anyone wishing to raise funds for DSF or make a donation can do so by visiting MyDonate - supported by BT. Fundraising pages can also be set up for individuals. The MyDonate site can also be accessed through the DSF website.

Visit www.fifeleisure.org.uk then the "health programmes" drop down menu to access the Disability Sport Fife website.