



PS parallel sport

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The Newsletter of Disability Sport Fife

Edition 39 September 2015

Summer successes and new sessions are highlights of past month

Team Fife retained the Bob Mitchell Trophy in Perth at the 2015 Scottish Senior Track and Field Championships organised by SDS and Scottish Athletics. The efforts of DSF coaches and member organisations have once again paid off. Well done to team managers Caroline Clunie and Pamela Robson who led the largest Fife team ever to victory by only two points. This performance followed on from another great showing by Team Fife bowlers who won two titles and four runners up medals at the Scottish Lawn Bowls Championships in Aberdeen. John Collins led the team magnificently and maintained a great 2015 run by Fife bowlers in all competitions.

Locally DSF was privileged to return to East Fife Indoor Bowling club in September for the 2015 Fife Indoor Bowls Championships and will head to Lochgelly HS for the Annual ASN Inter Schools gala early in September. The programme for this gala is the largest to date. Fife fielded its highest number of football teams for the Scottish FA 7s Championships and Dylan Fotheringham from Balwearie HS became the first Fife player to be called up for the national football squad. The occasion was celebrated with an interview on Kingdom Radio.

DSF has recently completed three bespoke Disability Inclusion Training DIT workshops for the Fife Sports and Leisure Trust Health and Well Being and Gym staff and has met with SGBs and others to plan the Education programme for 2015/2016. Four athletics workshops, DIT course for teachers, Pool workshop, Boccia Leaders Course, Sports Coach UK How to Coach Disabled People in Sport and a classification workshop are just some of the learning opportunities scheduled by DSF for the months ahead in Fife.

DSF high performance athletes continue to make their mark in events throughout Europe and beyond while a number Futures Squad members are showing steady progress. DSF received more registrations at the beginning of this term than ever before and DSF would wish to thank NHS Fife physiotherapist Katie Kinch for identifying so many new youngsters with physical impairments for FUNdamentals, learn to swim and athletics sessions in particular. The DSF membership has risen dramatically this month. Long may it continue as these juniors are our future.

Richard Brickley MBE — President Disability Sport Fife



SCOTTISH DISABILITY SPORT



Sam Fernando of Fife AC won the UK Under 20 1500m for T20 athletes in a PB time of 4.28 in Bedford .



Four swimmers from the DSF development squad competed in the Discovery Games in Dundee.



Team Fife winners of the 2015 Senior Track and Field Team Trophy



East Fife Indoor Bowling Club once again the perfect hosts for the Fife Championships



DSF considers East Fife BC a key partner in the development of bowls. Each year the club plays host to the very popular Fife Indoor Bowls event for players with a learning disability. Six singles sections were contested and Michelle Wallace and Craig Donaldson won the Open women and men's titles.

Alison Patrick wins yet another major international Para-triathlon race



Alison Patrick from Dunfermline is British, European and World Champion in the PT5 class of Paratriathlon. Alison was one of a small number of high performance athletes invited to compete in a Test event in Rio in preparation for the Paralympic Games in 2016. Alison recently teamed up with guide Hazel Smith from Edinburgh but the day before her event in Brazil, Hazel had to withdraw because of injury. Substitute guide Grace France stepped up and the new GB PT5 team of Patrick and France crossed the line in first place. Alison works as a Fife physiotherapist and is a very special all round athlete.

Fife bowlers in top form for Team Scotland at the UK Championships

Maria Spencer from Dunfermline has performed magnificently in all bowls competitions this year. This month in Nottingham she captured the UK VI B3 Singles title after a thrilling head to head with the Welsh Champion, Sheila Kinch. With husband Mike as Director, in the absence of coach/Director Sarah Ewing, Maria pulled back an 18 shots margin to lift the title. Kirkcaldy's Eleanor Clark similarly had an excellent championships winning a bronze medal with Doreen Strachan, the Scottish Team Assistant Manager as her Director.



Dylan Fotheringham from Balwearie HS makes Fife football history



Dylan Fotheringham from Balwearie HS is the first Fife footballer to be called up for the National Squad for the forthcoming Home International Series. Dylan can play outfield and in goal but it is as a goalkeeper he has been listed by David McArdle of the Scottish FA. The squad will be cut in due course but Dylan has made history for Fife and the occasion was marked by an interview on Kingdom FM. DSF acknowledges the excellent football programme organised by Balwearie HS and the role played by staff member Tom Hunter in particular. DSF also acknowledges the role played by the Active Fife Scottish FA Development Officers plus coach Dave Costello who as part of the Fife Inclusive Football Performance Academy has had such an impact on junior coach led weekly sessions in Fife.

Two Titles and four runners up spots at the Scottish Lawn Bowls Championships.



Craig Donaldson from Kinghorn and World Champion Martin Hunter from Burntisland were title winners at the SDS Bowls Championships in Aberdeen. Billy Allan (Cowdenbeath), Darryl Stewart (Dunfermline) Eleanor Clark (Kirkcaldy) and Pamela Mitchell (Dunfermline) won silver. John Collins led another successful Fife Team.



Team Fife wins the coveted Bob Mitchell Trophy for the seventh time.

In 2005 the Bob Mitchell Team Trophy was introduced to the national athletics programme. DSF athletes won the Trophy in the first year and have recorded five further wins up to and including 2014. West of Scotland have won the Trophy on four occasions during this period. DSF selected a team of over 120 athletes with physical, sensory or learning disabilities for the Championships in Perth and travelled to the Fair City with high hopes of challenging for the much coveted Inter Area title. The overall outcome of the competition was in doubt until the final relays but Team Fife pulled through by the narrow margin of two points to retain the title. Fife 74, West of Scotland 72, Forth Valley 48. Highland, Tayside and Dumfries and Galloway were fourth, fifth and sixth respectively. Team Managers Caroline Clunie and Pamela Robson led the team magnificently with support from excellent coaches and staff.

Disability Sport Fife is a registered
Scottish Charity

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Disability Sport Fife is a
member organisation of
Scottish Disability Sport



Website:

www.fifeleisure.org.uk - find us in the
health programmes drop down menu



The Order of St John in Fife has for many years been an incredible supporter of DSF. Thanks to everybody who supported the Charity Concert at Hill of Tarvit Mansion, Cupar on 5th September in aid of DSF and the RDA in Fife. The Concert featured Ensemble Operatic Group in the Great American Song Book. DSF will be presented with a cheque at the Annual Order St John Fife Carol Service at Christmas. The learn to swim session at Carnegie LC for physically disabled learners has been moved to a twilight session on Mondays and a new FUNDamentals session introduced on Wednesdays. A coach led swimming session has been added to the schedule at Kirkcaldy LC on Wednesdays along with a new gym session. The Madras College after school run, jump and throws session has been moved from Tuesday to Monday.

DSF enjoys a very special relationship with the Fife Sports and Leisure Trust and in particular with staff throughout the FSLT network. No staff member has been more loyal and supportive of DSF than Steve Donnelly who has recently announced his retirement from the FSLT due to ill health. During his time at FIPRE in particular, Steve provided an enormous amount of IT expert advice to DSF volunteers and staff when the office base was developing into a major resource for DSF/SDS members, volunteers and staff. Steve made a significant contribution to DSF marketing and publicity, major events, celebrations and presentations and the day to day office business. Steve acted at times as a DSF support member of staff and enjoyed a very special relationship with athlete members of all ages and abilities. Steve has recorded many special occasions and we shall be ever indebted to him. All of us in DSF will miss this popular, caring, kind, committed FSLT staff member. Photo: Provost with Steve at the 2015 DSF AGM.



Disability Sport Fife (DSF) is listed on the MyDonate website and anyone wishing to raise funds for DSF or make a donation can do so by visiting MyDonate - supported by BT. Fundraising pages can also be set up for individuals. The MyDonate site can also be accessed through the DSF website.

Visit www.fifeleisure.org.uk then the "health programmes" drop down menu to access the Disability Sport Fife website. The picture of Callum Sloan on the homepage also offers access with one click.