



# PS parallel sport

Visit the DSF website to download the 2016 calendar of events and sessions timetable. Results and news sections are constantly refreshed.

Newsletter of Disability Sport Fife

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## 2016 Another Very Special Paralympic Year



DSF was delighted and honoured to be one of three Branches to be selected to deliver the Spirit of 2012 programme on behalf of SDS and acknowledges the support received from Fife Council and the Fife Sports and Leisure Trust with the initial bid. DSF also acknowledges 3k plus of support from the Celtic Foundation through SDS. This financial windfall will be used to sustain the well established sessions programme and contribute to the purchase of a new racing wheelchair for one of our young performance sports participants.

The 2016 calendar of events is well under way with the 7s Football League at Kirkcaldy HS and round 3 of the East Series Cross Country at the Beveridge Park. Fife AC, Kirkcaldy HS, Kirkcaldy RFC and the Fife Referees Association were key partners. The programme for the 40th Fife Sports Festival has been widely distributed and Fife teams are preparing for the SDS Carpet Bowls Championships and SDS Junior Sportshall Championships. DSF will host the 5th Inter Area Test Match for Bowlers with a Learning Disability at the Beveridge Park on 1st July.

2016 is a Paralympic Year and we wish Alison Patrick (Paratriathlon), Kieran Steer (Boccia), Derek Rae (Athletics), Stefan Hoggan (Paratriathlon) and Owen Miller (Athletics) in particular who have been included on the long list of potential participants for Rio. There will be a Home International Lawn Bowls Test Match at Kelvin-grove on 11th/12th June and hopefully Fife will once again be well represented.

DSF is excited about teaming up with Enigma Gymnastics Club and Active Fife to establish Sunday sessions for participants with Down Syndrome. The term ahead has lots of interesting coach education sessions on offer and DSF recently met with representatives from Kirkcaldy and Central Fife Sports Council to discuss closer working. DSF has submitted nominations for two of the three Sports Council Awards evenings. In respect of governance, Maureen McSeveney has joined the DSF Finance and Policy Committee as a replacement for the late, much loved, David Thomson. Special thanks to Scottish Athletics and the Scottish FA for continued support.

Richard Brickley MBE — President Disability Sport Fife — Newsletter Editor



Paratriathlete Stefan Hoggan proudly displays his new SDS Academy kit on a recent visit to the DSF office.



GB Boccia player Kieran Steer, Crossgates, (right) is focused on challenging for a place in Team GB for Rio. In the picture with Kieran are his BC4 team mates Evie and Stephen.

## 2016 7s League Series 1 at Kirkcaldy HS with support from Scottish FA



## 40th Fife Sports Festival for Disabled People - 2015 photo of Scottish Autism participants



Entry forms have been distributed for the 40<sup>th</sup> Annual Sports Festival organised by Disability Sport Fife and supported by the Fife Sports and Leisure Trust and Fife Council. The Festival runs from Friday 4<sup>th</sup> March through to Thursday 24<sup>th</sup> March and is open to athletes and players with a physical, sensory or learning disability of all levels of ability. Programme includes swimming, archery, table tennis, badminton, unihoc, football, tug of war, netball and basketball.

Enquiries concerning the Festival should be directed to Norma or Richard in the Fife office. Entry forms can be downloaded from the DSF web site. In the early years the Festival was organised in one day.

The DSF run, jump and throws sessions continue to flourish with higher numbers than ever. The sport of athletics in Fife has never been healthier across all disciplines.



50 plus participants attend the Thursday multi sports session at the Michael Woods Sports and Leisure Centre. The DSF and Fife Sports and Leisure Trust partnership in action.



Lochgelly HS, Balwearie HS and Madras College were three schools that competed in Series 1 of the S1/S2 7s League. On this occasion Lochgelly HS topped the table with 6 points.



Lochgelly HS, Woodmill HS and Madras Coll/Bell Baxter HS were three of the senior teams that competed in Series 1 of the 2016 S3-S6 7s League at Kirkcaldy HS.



Reigning Champions Balwearie HS topped the table of Series 1 of the S3-S6 7s League at Kirkcaldy HS. The League is supported by the Scottish FA and Kirkcaldy HS.



Series 1 of the 2016 7s League involved 53 players from five schools. The Fife Referees Association was in charge of officiating and Lochgelly HS and Balwearie HS topped the S1/S2 and S3-S6 leagues respectively. Once again there were a significant number of girls involved, particularly in the S1/S2 competition. Stuart Taylor from Balwearie HS was top scorer in the senior competition with 11 goals and Shakeel Ul Haq was top junior with 5 goals. Rosalind Penman from Balwearie HS scored 3 goals.

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DSF is one of three Scottish Branches selected by SDS to be part of the Spirit of 2012, Get out and Get Active initiative. SDS is part of a UK wide consortium of sister organisations concerned with disability sport. The Fife bid centres on increasing participation in enjoyable, physical activity including sport. Volunteers supporting participants into active lifestyles is at the heart of GOGA. The Fife element will be driven by DSF and the initial bid was supported by key DSF partners, Fife Council and the Fife Sports and Leisure Trust. DSF will receive significant funding for three years as a consequence of the successful bid. The well established DSF programme of weekly sessions and equivalent partner programmes will become the focus for increased inclusive opportunities and activities. What we have in Fife is appealing, accessible, fun and inclusive for participants of all ages and abilities.



Sam Fernando from Gateside and Fife AC was one of 155 athletes who registered for Round 3 of the East Series Cross Country event at the Beveridge Park in Kirkcaldy. DSF and Fife AC teamed up to bring one round of the 2015/2016 East Series to Fife for the first time.



Ollie Carter from Bell Baxter HS and Carnegie SC was the leading Fife swimmer at the SDS Performance Championships in Stirling. Ollie won a gold and silver medal in the multi classification points system. Cara Smyth INCAS, Steven McCormick FINS and Kirsty Brunton were the other Fife swimmers who qualified.



Enigma Gymnastics Club, in conjunction with Active Fife and DSF, will introduce discrete gymnastics sessions for participants with Down Syndrome from February 2016. The club is based at Kirkland HS and sessions will be held on Sunday afternoons.

Disability Sport Fife (DSF) is listed on the MyDonate website and anyone wishing to raise funds for DSF or make a donation can do so by visiting MyDonate - supported by BT. Fundraising pages can also be set up for individuals. The MyDonate site can also be accessed through the DSF website.

Visit [www.fifeleisure.org.uk](http://www.fifeleisure.org.uk) then the "health programmes" drop down menu to access the Disability Sport Fife website. The picture of Callum Sloan on the homepage also offers access with one click.