



# PS parallel sport

Visit the DSF website to download the 2016 calendar of events and sessions timetable Ed.82. Results and news sections are constantly refreshed.

Newsletter of Disability Sport Fife

Edition 44 April 2016

## Was this our most successful month to date?

Once again there was sadness as the Association bade Farewell to athlete and volunteer John Hick who passed away after a period of prolonged illness. During this past month we have also lost outstanding parents Bob Donaldson and Lorraine Russell who not only inspired and encouraged their own sons but all of us within DSF.

The 2016 Annual Sports Festival has come and gone with increased numbers in some sports and lots of fun and enjoyment over a three week period. DSF is indebted to the many volunteers who played their part as stewards and officials and to the Fife Sports and Leisure Trust and Fife Council for assistance with facilities and grants.

DSF and SDS have held their first Spirit of 2012 - Get Out and Get Active Planning meeting. DSF is one of three SDS branches to receive three years of funding (90K) for a programme that will encourage more individuals with physical, sensory or learning disabilities to be more active more often.

DSF hosted a very productive Planning Meeting in preparation for the launch of the new SDS Strategic Plan. Maureen McSeveney has stepped up to the Finance and Policy Committee to replace the late David Thomson. New targets have been set by SDS for DSF as part of its responsibility for Regional Development. Consultants will visit Fife at the end of April as part of a major consultation on the effectiveness of the Regional Development programme.

The DSF AGM and Awards Evening is scheduled for Monday May 9th and once again the Provost is the Guest of Honour. Around 25 Awards will be presented and there have been many strong nominations. East Fife will be the final Sports Council to hold its Awards Evening in St Andrews on Wednesday 4th May and Michael Simpson was the proud recipient of the St Andrews Kilrymont Rotary Quaich in the same town earlier this month. Notices are out about the 2016 Bill Pullar Bursaries.

Well done to Maria Spencer and Barabara McMillan who won titles at the inaugural invitation indoor bowls championships. Well done to the six athletes who won national cross country titles. Thanks to the Scottish FA, Tennis Scotland, SDS and three major Trusts that have made significant financial contributions to DSF this month.

Richard Brickley MBE — President Disability Sport Fife — Newsletter Editor

## 2016 DSF Badminton winners and runners up at Kirkcaldy Leisure Centre.

The remarkable Susanne McGrath has only a few weeks to go until the Edinburgh Marathon. She has set her sights on completing 26 miles in a racing wheelchair after just over a year as a committed athlete. Who would doubt her ability to go all the way? As part of her preparations Susanne completed the 13.1 kms Edinburgh Kilmathon from Ocean Terminal to Murrayfield on Sunday 20<sup>th</sup> March.



John Hick touched the hearts of many sportspeople and others within our movement.



Family and friends, plus representatives from DSF and SDS, turned out in significant numbers to bid farewell to the late John Hick, originally from Aberdeen but now well established in Fife. John moved to Fife when he married wife Kerry. John was much loved and respected by athletes, coaches, fellow employees and friends. John had such a promising future ahead as a volunteer and coach in disability sport and his legacy will be the difference he made to the lives of many DSF juniors with a physical disability and adults with severe and complex needs. John will be sadly missed on 30<sup>th</sup> April when the Swim Team heads to Grangemouth.

**Maria Spencer and Barbara McMillan were title winners at the first Invitation Indoor Bowls held at Falkirk Indoor Bowling Club.**

**Lloyd Simpson (centre) was the winner of the inaugural Fife badminton league. The Anderson brothers were second and third.**



JKS Scotland is proud to be teaching JKS style karate to participants with disabilities twice weekly at the Honbu dojo in Dunfermline. 30 - 40 athletes train every week.



East Fife CSS prolific winners of the ladies senior unihoc championship. In the same event Fife College won the Colleges Championships.



Michael Simpson won St Andrews Kilrymont Athlete of the Year Award. The Club also presented DSF with a £750 cheque.



Balwearie HS Seniors (S3-S6) won Fife 7s League and Juniors (S1/S2) shared title with Lochgelly HS.



Lochgelly HS Sports Club winners of the 2016 Senior men's 5s football.



Balwearie HS, Lochgelly HS and Fife College played well at 2016 Unihoc Championships.



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The 2016 Scottish X Country Championships were held at Bellahouston Park in Glasgow. DSF was represented by athletes from Buckhaven HS, Woodmill HS, Lochgelly HS, Balwearie HS, Bell Baxter HS and Fife AC. Winners were:

1K - 1<sup>st</sup> Rosalind Penman (Balwearie HS - S2 girls), 1<sup>st</sup> Dean Bruce (Bell Baxter HS - S4 boys), 1<sup>st</sup> Fraser Wilson (Lochgelly HS - S5 boys).

2K - 1<sup>st</sup> Louise Harley (Lochgelly HS - S3 girls), 1<sup>st</sup> Jennifer Grist (Balwearie HS - S2 girls), 1<sup>st</sup> Allan Wilson (Buckhaven HS - S1 boys).

3K - 1<sup>st</sup> Owen Miller (Fife AC—Open Men)



Steven McCormick at his first attempt won the 2016 Fife men's open table tennis championship. Craig Bernard was runner up. Jazmine McNeil won the ladies title with Michelle Wallace and Briony Clark finishing in second and third respectively. From left to right - Briony, Jazmine and Steven. Training sessions are held every Monday in Glenrothes.



The evening before they were scheduled to leave for Beijing and the World Championships Kieran Steer's mum Lorraine passed away. Lorraine was an exceptional parent and the individual who inspired and supported Kieran throughout his boccia career. With coach Claire Morrison (back left) they made a formidable team. All our thoughts are with Kieran and his family and friends at this time.



DSF has always enjoyed enormous encouragement from bowlers from clubs across Fife. Bob Donaldson (extreme right) was one of the most supportive. Ever present at DSF bowls events and the parent who inspired our leading male bowler with a learning disability. Bob passed away recently and our thoughts are with Molly, Craig, Brian and Angela in particular. A fine man in every way.

Disability Sport Fife (DSF) is listed on the MyDonate website and anyone wishing to raise funds for DSF or make a donation can do so by visiting MyDonate - supported by BT. Fundraising pages can also be set up for individuals. The MyDonate site can also be accessed through the DSF website.

Visit [www.fifeleisure.org.uk](http://www.fifeleisure.org.uk) then the "health programmes" drop down menu to access the Disability Sport Fife website. The picture of Callum Sloan on the homepage also offers access with one click.