



PS parallel sport

Visit the DSF website to download the 2016 calendar of events and sessions timetable. Results and news sections are constantly refreshed.



Running for the second time in a GB vest the remarkable Derek Rae from Fife AC ran 2:37.28 in the 2016 London Marathon for fifth place in class T46.



Cara Smyth from Incas was in great form at the recent SDS Performance Gala in Stirling.

Newsletter of Disability Sport Fife

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Did you know that DSF is on Facebook? Check us out.

Following record attendances at the 2016 AGM and Awards Evening DSF launched its own Facebook page with support from Kevin McKee from the Fife Sports and Leisure Trust Design Team. The response has been amazing. DSF has been able to reach a much wider audience and celebrate even more extensively the achievements of its members. www.facebook.com/disabilitysportfife

High performance athletes like Alison Patrick, Owen Miller, Kieran Steer, Derek Rae, Michael Simpson, Martin Hunter, Barbara McMillan, Billy Allan and Maria Spencer have recently excelled on the international stage. Ollie Carter and Cara Smyth stand out amongst the emerging in form junior swimmers and athletes. Well done to DSF bowlers who retained the Inter Area Bowls Trophy and the Fife swim teams that finished runners up at the National Championships. There has been a significant number of Fife events this term with record attendances.

DSF is now in a position to offer Rotary Bursaries, Russell Hogg Bursaries and Bill Pullar Bursaries to support athletes with performance potential. Callum Sloan and Susanne McGrath decided to attract sponsors for their efforts in the London Mini Marathon and Edinburgh Marathon. The proceeds from their efforts will help athletes across all sports.

Workshops and courses have gone well once again and DSF plans to add at least three new sessions to the ever expanding weekly programme of sports options that run throughout the year. DSF was invited by Active Schools to organise a Boccia Festival to celebrate 2016 as a Paralympic year and we have joined forces with Badminton Scotland to offer a Big Hit Festival in November.

The ASN Football Academy organised in conjunction with the Scottish FA Active Fife Football Development Officers and the Tennis Academy organised in conjunction with Dunfermline TC and Tennis Scotland have been highlights of the sporting year to date. The partnership with the Enigma Gymnastics Club may be new but its success has been far reaching. DSF is indebted to the Sports Leaders at Kirkcaldy HS and the volunteers from Beveridge Park BC for their support this year.

Richard Brickley MBE – President Disability Sport Fife – Newsletter Editor

2016 DSF Award Winners with Provost Jim Leishman MBE and Julie Hogg



John Fergus School retained the Brodie Gala Trophy at Cupar Pool in June. Rimbleton first Primary to participate.



Susanne McGrath completed the Edinburgh Marathon and Callum Sloan the London Mini Marathon for the second successive year.



Owen Miller (right) won gold and silver in 800 and 1500 metres respectively at the Inas European Championships in Turkey.



Maria Spencer was awarded one of two 2016 Bill Pullar Bursaries by Mrs Margaret Pullar. Eleanor Clark was the other recipient.



Buckhaven HS pupils secured their first trophy when they won the Russell Hogg Cross Country Trophy at the Beveridge Park. Rimbleton was first Primary school to participate.



Kieran Steer was presented with a competition boccia power wheelchair funded by the Mary Leishman Foundation, Russell Hogg Trust and the Scottish Disabled Sports Trust.



Team Fife retained the Scottish Inter Area Bowls Championship at the Beveridge Park. West of Scotland were runners up. Beveridge Park members were brilliant.



West Fife won the Inter Area Athletics Trophy at 2016 Fife Athletics Championships. Woodmill HS won Russell Hogg junior trophy.



There was a strong Fife contingent in the Scottish Team that won the Home Nations Championship at Kelvingrove in June.



Alison Patrick from Dunfermline retained her European Paratriathlon title in Lisbon. Alison went to Rio for the 2016 Games Test event.



Some of the Beveridge Park members who supported the Fife championships and SDS Inter Area Championship.



Disability Sport Fife is a registered
Scottish Charity

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www.facebook.com/disabilitysportfife



Supported by



Swimmer of the Year: Ollie Carter

Athlete of the Year: Derek Rae

Bowler of the Year: Maria Spencer

Wheelchair athlete of the year: Susanne McGrath

Junior athlete of the Year: Callum Sloan

Coaches of the Year: Pamela Robson and Alex Bird

Ambassador of the Year: Maureen McSeveney

Service to Sport: Carolyn Clunie

Member organisation of the Year: West Fife CSS

Volunteer of the Year: Steven Anderson



DSF is proud to be working with the Enigma Gymnastics Club to develop opportunities for participants with Down Syndrome. The club meets in Leven and with some financial support from Kirkcaldy and Central Fife Sports Council the project is off to a great start.

DSF in partnership with Scottish Athletics organised three workshops on wheelchair racing, throws and jumps and sprints. The workshops were a welcome edition to the coach education programme offered during the summer months. The selected Scottish Athletics tutors were inspiring, inclusive and current in their thinking and practice.

Wullie Christie from East Fife CSS won through from the Fife Lawn Bowls Championships to represent Team Fife in the Inter Area Championship at the Beveridge Park in Kirkcaldy. East Fife CSS provided 50% of the Fife Team that went on to retain the Inter Area Trophy.

Disability Sport Fife (DSF) is listed on the MyDonate website and anyone wishing to raise funds for DSF or make a donation can do so by visiting MyDonate - supported by BT. Fundraising pages can also be set up for individuals. The MyDonate site can also be accessed through the DSF website.

Visit www.fifeleisure.org.uk then the "health programmes" drop down menu to access the Disability Sport Fife website. The picture of Callum Sloan on the homepage also offers access with one click.