

Swimming Pool Timetable

Main Pool

	6AM	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9PM						
MONDAY	LANE SWIMMING (2 LANES)														CSC (2 LANES)		LANE SWIM (6 LANES)					
TUESDAY	LANE SWIMMING (2 LANES)																					
WEDNESDAY	LANE SWIMMING (2 LANES)														CSC (2 LANES)		ADULT L2S	ADULT L2S	LANE SWIM (4 LANES)			
THURSDAY	LANE SWIMMING (2 LANES)														STAFF TRAINING		DISABILITY SPORT FIFE	SET UP	ROOKIE LIFEGUARD	CLEAR		
FRIDAY	LANE SWIMMING (2 LANES)														STAFF TRAINING		InCAS (2 LANES)		LANE SWIM (6 LANES)			
SATURDAY	CLOSED		LANE SWIMMING (2 LANES)			STAFF TRAINING		AQUA RUN INFLATABLE			LANE SWIMMING (2 LANES)				CLOSED							
SUNDAY	CLOSED		LANE SWIMMING (2 LANES)			AQUA RUN INFLATABLE			LANE SWIMMING (2 LANES)				HEALTH ENGAGEMENT PROJECT ASN	SYNCHRO SKILLS	SYNCHRO	CLOSED						

Public Swimming
 Bookable Session
 Swimming Lessons
 Pool Closed to Public

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Carnegie Leisure Centre
 Pilmuir Street, Dunfermline, KY12 0QE
 Telephone 01383 602304 Email CarnegieLC@fifeleisure.org.uk

fifeleisure.org.uk

Scottish Charity No.S C039464 | Company Registration No.SC336004

@FifeLeisure    

Swimming Pool Timetable

Training Pool

	6AM	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9PM
MONDAY	CSC	CSC						AQUA BOOTCAMP (4 LANES)			LEARN TO SWIM			CSC		D/AMAT
TUESDAY	CSC			AQUAFIT		AQUA DEEP		AQUA ACTIVE (4 LANES)			LEARN TO SWIM			CSC		W/POLO
WEDNESDAY		W/POLO (2 LANES)									LEARN TO SWIM			CSC		D/AMAT
THURSDAY	CSC										LEARN TO SWIM			InCAS		W/POLO
FRIDAY	CSC										LEARN TO SWIM			CSC		D/AMAT
SATURDAY	CLOSED			CSC (3 LANES)												CLOSED
SUNDAY	CLOSED			CSC (4 LANES)												CLOSED

Available for Hire
 Bookable Session
 Swimming Lessons
 Pool Closed to Public

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Swimming Pool Timetable

Children's Pool

	8AM	9	10	11	12	1	2	3	4	5	6	7	8	9PM
MONDAY														
TUESDAY					TURTLE TOTS*						DSF L2S (TERM TIME)			TURTLE TOTS AQUA-NATAL YOGA 8.00pm - 8.45pm 8.45pm - 9.30pm
WEDNESDAY														
THURSDAY						TURTLE TOTS*								
FRIDAY														
SATURDAY	CLOSED													CLOSED
SUNDAY	TURTLE TOTS*													CLOSED

Pool Temporarily Closed

Public Swimming
 Bookable Session
 Swimming Lessons
 Pool Closed to Public

*Sessions will typically operate during term times, any additional 'holiday period use' will be advertised in advance. (Notification period 7 days notice via internal customer signage)

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