



carnegie
leisure centre



Mini
Kickers
Age 3/4

Beginners
Age 5/8

Skills
Centre
Age 9/12

Boys & Girls
welcome

New Football Participation Pathway at Carnegie Leisure Centre

To book a place, simply contact Carnegie Leisure Centre on
01383 602304 • carnegielc@fifeleisure.org.uk
or ask centre reception for more information.



Soccer/Skill Centres Age 9-12 yrs

As the youngsters become older and more competent, the **focus** changes slightly, we now look to introduce the youngsters to more **structured games and practice**. The introduction of a **goalkeeping** class is available if they choose to take that path. **Support** is always given no matter what the ability of the youngsters.

Beginners Age 5-8 yrs

These fun sessions look at promoting children's enthusiasm for the games and **building confidence**. We also look at trying to and **improve their basic skills** and introduce the youngsters to **new challenges** where possible. Once again fun should be the main goal for all children at this age. We would always encourage children to **make new friends** within our sessions.

Mini Kickers Age 3-4 yrs

A fun introduction to football in a safe environment for pre-school children aged between 3-4 years. The programme is designed to promote the children's **balance and co-ordination** through various games and practices. After a number of weeks, the coaches should see a great improvement in the children's motor skills through repetition. Another key factor is the opportunity your child has to **integrate with other children** on a weekly basis, with **fun** being the key factor.

Dates & Times

Courses operate during school term times only

Mini Kickers

Monday • 1.30pm - 2.15pm

Wednesday • 9.30am - 10.15am

Thursday • 9.30am - 10.15am
• 4.45pm - 5.30pm

Friday • 1.30pm - 2.15pm

Beginners

Thursday • 3.45pm - 4.45pm (5/6 yrs)

Sunday • 10.00am - 11.00am (5/6 yrs)

Sunday • 11.00am - 12.00pm (7/8 yrs)

Skills Centre

Friday • 4.30pm - 5.30pm

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For more about football development in Fife contact:

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