



British Heart  
Foundation

SCOTLAND

Dunfermline  
**Heart Town**

Love our town • Love your heart

**Fife sports  
and leisure  
trust**

# the **BIG** fitness fiesta

**1 morning**

Saturday 25th February 2012

**3 fitness classes**

Boot Camp Class

10.00am - 10.45am

Zumba

11.00am - 11.45am

Bodybalance

12.00pm - 12.45pm

**at** **£10** for all 3 classes

Carnegie Leisure Centre, Dunfermline

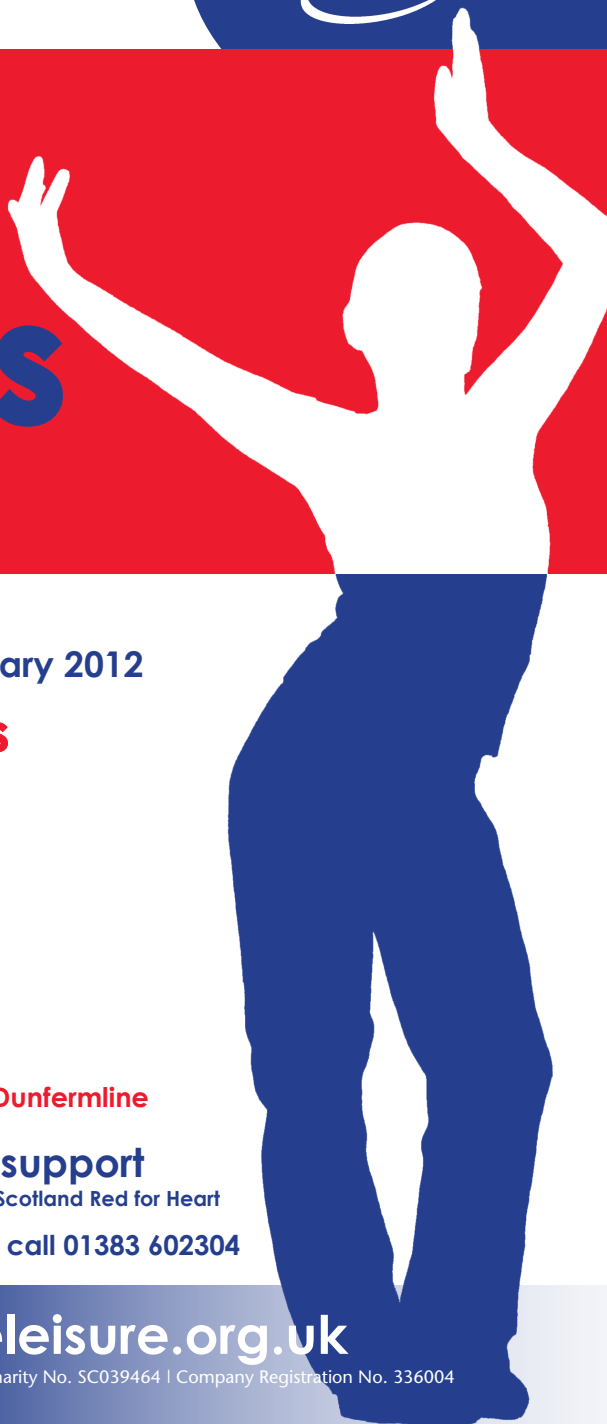
wear **red** to show your support

all proceeds go to British Heart Foundation Scotland Red for Heart

booking recommended - please call 01383 602304

[www.fifeleisure.org.uk](http://www.fifeleisure.org.uk)

Fife sports and Leisure Trust | Scottish Charity No. SC039464 | Company Registration No. 336004



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## registration form

name

address

postcode

tel no.

email

### **The Data Protection Act 1998**

The information supplied on this form will be retained by Fife Sports and Leisure Trust on a database. The information may be used for marketing purposes and you could be contacted by letter, telephone or email with details of future events and courses organised or promoted by Fife Sports and Leisure Trust.

**Please tick if you do not want to receive further information including special offers from Fife Sports and Leisure Trust.**

[www.fifeleisure.org.uk](http://www.fifeleisure.org.uk)

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