

## Opening Times

	Swimming Pool (public swimming)	Pool Restrictions	The Gym	Sports Hall
<b>Monday</b>	7.15am - 6.30pm 7.30pm - 8.30pm*	10.15am - 11.00am 4.00pm - 5.00pm	7.15am - 9.00am 2.00pm - 5.00pm 5.45pm - 10.00pm	9.00am - 10.00pm
<b>Tuesday</b>	9.00am - 4.00pm 8.30pm - 9.30pm***	2.15pm - 2.45pm 3.30pm - 4.00pm	9.00am - 10.00pm	9.00am - 10.00pm
<b>Wednesday</b>	7.15am - 8.30pm	9.30am - 10.00am 10.15am - 11.00am 2.00pm - 2.30pm 3.00pm - 8.00pm	7.15am - 6.30pm 7.30pm - 10.00pm	9.00am - 10.00pm
<b>Thursday</b>	9.00am - 6.00pm	3.30pm - 5.45pm	9.00am - 10.00pm	9.00am - 10.00pm
<b>Friday</b>	7.15am - 4.00pm 6.45pm - 9.00pm 8.00pm - 9.00pm***	9.30am - 10.00am 2.00pm - 2.30pm 6.45pm - 8.30pm	7.15am - 9.00pm	9.00am - 10.00pm
<b>Saturday</b>	1.00pm - 3.15pm	-	8.00am - 5.00pm	9.00am - 5.00pm
<b>Sunday</b>	8.00am - 9.45am 10.00am - 11.30am** 11.45am - 3.15pm	-	8.00am - 5.00pm	9.00am - 5.00pm

\* Ladies Only Session    \*\* Family Fun Session    \*\*\* Lane Swimming

**Please Note: Early morning swimming/gym entry between 7.15am - 9.00am requires a pre-paid ticket.**

**Pool Restrictions:** This is to indicate public swimming that is available when other classes are taking place in a section of the pool.

**Swimming lessons** are in the pool between 10.00am - 12.30pm, and Fridays 12.00pm - 12.30pm during school term times.

**Cupar Sports Centre**  
Carslogie Road, Cupar, KY15 4HY  
Tel: 01334 659324

These times are  
subject to change.  
For details please  
contact reception.

[www.fifeleisure.org.uk](http://www.fifeleisure.org.uk)