

Cupar Sports Centre

Carslogie Road, Cupar, KY15 4HY
tel: 01334 659324

 Please recycle responsibly

Gym Opening Times

Monday and Wednesday	7.15am – 10.00pm*
Tuesday and Thursday	9.00am – 10.00pm
Friday	7.15am – 9.00pm*
Saturday and Sunday	8.00am – 5.00pm

* Please note that entry between 7.15am and 9.00 am is by pre-paid ticket only.

www.fifeleisure.org.uk

Details correct at time of going to print - September 2010

Scottish Charity No. SC039464 | Company Registration No. SC336004 | Designed by FSLT, Music Institute

cupar
sports centre

Gym Timetable

Fife sports
and leisure
trust

the gym



Gym Timetable

Monday

7.15am – 9.00am

Early morning gym session*

9.30am – 1.30pm

Cardiac Rehab (Exclusive Use)

Tuesday

4.45pm – 5.30pm

Junior Gym (Exclusive Use)

Wednesday

7.15am – 9.00am

Early morning gym session*

6.30pm – 7.30pm

Cardiac Rehab (Exclusive Use)

Friday

7.15 am – 9.00am

Early morning gym session*

Gym Inductions

If you would like to book a gym induction session, please contact reception for details. There is a maximum of 2 people per induction session.

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