

Enjoy unlimited access with
no joining fee at
12 leisure centres across
Fife.



	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Bronze: Swimming			
Adult	£17.50	£175.00	£22.50
Concession	£12.25	£122.50	£17.25
Junior (5 - 17 years)	£12.25	£122.50	£17.25
Concession	£8.60	£86.00	£13.60

	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Silver: Swimming and Gyms +			
Adult	£25.00	£250.00	£30.00
Concession	£17.50	£175.00	£22.50
Junior (14 - 17 years)	£17.50	£175.00	£22.50
Concession	£12.25	£122.50	£17.25

	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Silver: Swimming and Health Suites			
Adult	£25.00	£250.00	£30.00
Concession	£17.50	£175.00	£22.50
Junior (16 - 17 years)	£17.50	£175.00	£22.50
Concession	£12.25	£122.50	£17.25

	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Gold: Swimming, Gyms and Health Suites +			
Adult	£32.50	£325.00	£37.50
Concession	£25.00	£250.00	£30.00
Junior (16 - 17 years)	£25.00	£250.00	£30.00
Concession	£17.50	£175.00	£22.50

	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Diamond: Fitness Classes			
Adult	£38.00	£380.00	£43.00
Concession	£26.60	£266.00	£31.60
Junior (16 - 17 years)	£26.60	£266.00	£31.60
Concession	£18.60	£186.00	£23.60

	Monthly Direct Debit	Single Annual Payment	30 Day Pass
Platinum: Swimming, Gyms, Health Suites & Fitness Classes +			
Adult	£46.40	£464.00	£51.40
Concession	£32.50	£325.00	£37.50
Junior (16 - 17 years)	£32.50	£325.00	£37.50
Concession	£25.00	£250.00	£30.00

+ **Strength & Conditioning Suites** (FIPRE and Pitreavie Athletics Centre)
| **Aquagym** (Cowdenbeath) | **Indoor Track** (Pitreavie Athletics Centre)

For an application pack call **01383 602209**, visit our website or drop in to your local centre.

Scottish Charity No. SC039464 | Company Registration No. SC336004
Designed by FSLT, Music Institute

Please recycle responsibly



Bowhill Swimming Pool

Station Road,
Cardenden, KY5 0BW
email: bowhillsp@fifeleisure.org.uk
Tel: 01592 583304

2011 | 2012
Prices valid from 1st April 2011

Keeping you fit and healthy for less

bowhill swimming pool

Whether you want to swim in the pool, relax in the sauna or steam room or work out in the gym, Bowhill offers something for everyone.

Location

Situated on Station Road just off the A981 that runs through Cardenden. There is ample free car parking available off both Station Road and Wallsgreen Road.

Opening Times

Monday	10.00am - 10.00pm
Tuesday	8.30am - 10.00pm
Wednesday	8.30am - 9.00pm
Thursday	8.30am - 10.00pm
Friday	10.00am - 9.00pm
Saturday	9.00am - 4.00pm
Sunday	10.00am - 5.00pm

Off Peak times

Monday - Friday	8.30am - 4.00pm
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Please note: Access may vary subject to programme.

Disabled Access

Our leisure centres can cater for a range of access needs and our trained staff are friendly and supportive, ensuring everyone enjoys their experience. Facilities include: ramp access; unassisted wheelchair access; disabled parking; disabled toilets and changing facilities and pool hoist. Guide dogs are welcome.

Junior Age/Pricing

Junior pricing is for young people aged 5 - 17 years (14 - 17 years for the gym and 16 - 17 years for the health suite).

A second child discount will be available when there is no entitlement to a concessionary rate. This applies when a second or subsequent child from the same family participates in the same block-booked coached class as the full paying child.

Active Concession

Active Concession membership is open to residents of Fife on a low income; those aged 60 years old and not in work and students. Details of qualifying criteria can be found at www.fifeleisure.org.uk or by picking up a leaflet at reception.

Please note that from 1st April 2011, Fifestyle cards are no longer accepted in leisure centres managed by Fife Sports and Leisure Trust.

Prices correct at time of going to print.



Active
Full Concessions

Swimming Pool

Adult	£3.00	£2.10
10 Session Pass	£24.00	£16.80
Junior	£2.10	£1.50
10 Session Pass	£16.80	£12.00
Under 5's	FREE	FREE
Family (2 Adults & 2 Juniors)	£8.10	£5.70
10 Session Pass	£64.80	£45.60
Main Pool Hire	£60.00	£60.00
Lane Hire	£15.00	£15.00

Swimming Lessons

price changes from 01/04/11

Adult Swim Lesson (30 min) (x no. of weeks per block)	£4.00	£2.60
Junior Swim Lesson (30 min)(x no. of weeks per block)	£2.80	£1.70
Second Child (x no. of weeks per block)	£2.30	

Swimming Lessons

price changes from 24/10/2011

Adult Swim Lesson (30 min)(x no. of weeks per block)	£4.20	£2.80
Junior Swim Lesson (30 min)(x no. of weeks per block)	£3.10	£2.00
Second Child (x no. of weeks per block)	£2.50	

Tuitional & Coaching Classes

Aquaerobics (60 min class)	£5.00	£3.50
10 Session Pass	£40.00	£28.00

Health Suite*

Adult	£5.40	£3.80
10 Session Pass	£43.20	£30.40
Junior	£3.80	£2.60
10 Session Pass	£30.40	£20.80

Gym

Adult	£4.40	£3.10
10 Session Pass	£35.20	£24.80
Junior	£3.10	£2.20
10 Session Pass	£24.80	£17.60
Adult Induction Class	£5.00	£3.50
Adult Familiarisation	£4.40	£3.10
Junior Induction Class	£3.50	£2.50
Junior Familiarisation	£3.10	£2.20
Junior Class (12 - 17 years)	£3.50	£2.50

Children's Parties

Pool Party (60 Mins)	£80.00	£80.00
Giant Aquarun Party (60 Mins)	£90.00	£90.00

Miscellaneous

Replacement Card	£2.50	£2.50
Spectating Adult	£1.00	£0.70
Spectating Junior	£0.70	£0.50

*Health Suite prices are VAT inclusive all other prices are VAT exempt. VAT maybe payable on all one off bookings made by commercial organisations.