

Main Pool Timetable

Public Swimming Bookable Session Club Booking Pool Closed to Public

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9pm
M Monday	Club Booking						Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Bookable Session	Pool Closed to Public	Club Booking	Club Booking
T Tuesday	Club Booking						Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Bookable Session	Pool Closed to Public	Aqua Gym	Pool Closed to Public
W Wednesday							Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Bookable Session	Pool Closed to Public	Club Booking	Club Booking
T Thursday							Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Bookable Session	Bookable Session	Pool Closed to Public	Pool Closed to Public
F Friday							Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Club Booking	Pool Closed to Public	Pool Closed to Public
S Saturday	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Bookable Session	Bookable Session	Club Booking	Pool Closed to Public
S Sunday	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Club Booking	Pool Closed to Public

Important Information
All public swimming sessions must be booked in advance
This can be done online or by calling the reception

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Cowdenbeath Leisure Centre

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