Disability Sport Fife (SCIO) - About Us

Disability Sport Fife (SCIO) has been leading the development of inclusive sport and active recreation for children, young people and adults with a physical, sensory or learning disabilities across Fife since we were set up in 1977. In 2017 DSF (SCIO) celebrated 40 years as the lead body in Fife for sport and active recreation for children, athletes and players of all ages and abilities with physical, sensory, or learning disabilities.

**Key Impact Areas**

•  sustaining weekly sports sessions led by DSF coaches - **engagement and participation**

•  recruiting and retaining members of all levels of ability - **engagement and participation**

•  providing education, coaching, officiating, and volunteering opportunities - **learning**

•  supporting performance Para athletes to achieve their goals through sport - **performance**

•  using communication platforms to inform, engage and celebrate - **communication**

•  promoting strong systems of governance – **governance**

•  to encourage inactive disabled people and significant others to be active - **active recreation**

The safety, health and well being of our members is at the centre of all we do.

**International and national success**
DSF (SCIO) athlete members have been successful in European Championships, World Championships, Commonwealth Games and Paralympic Games all over the world. Since 1977 DSF (SCIO) has supported 25 members to reach their goals as GB Paralympians. Individual members and Fife teams have enjoyed enormous success at Scottish national events across all sports.

**Events, Activities and Training**
Each year DSF (SCIO) organises an extensive programme of sports events and provides education and training opportunities for coaches, volunteers, and peer mentors. With support from Fife Sports and Leisure Trust, DSF employs an experienced team of coaches on a session by session basis to deliver sports specific and active recreation sessions weekly across Fife in top quality leisure centres.

**Our Head Office and Governance**
DSF has two part time coordinators based at Michael Woods Sports and Leisure Centre financially supported by Fife Council and Robertson Trust grants and supported by Fife Sports and Leisure Trust.

DSF has a Service Level Agreement with Fife Sports and Leisure Trust and works in partnership with Fife Council. DSF (SCIO) has a Board of Charity Trustees plus sub committees with responsibility for Finance, Performance and Safeguarding.

**Hall of Fame and Annual Awards**
DSF established a Hall of Fame to recognise performance athletes who have achieved significant success in international Para sport.

The DSF (SCIO) Annual General Meeting and Annual Awards Evening are now a significant occasion in the Fife Sporting Year with well over 100 attendees and 40 awards presented.

**Key Funding Partners**
DSF has many key funding partners whose support has been critical to our success. These include.

•  Spirit of 2012 (GOGA in Fife)
•  Scottish Disability Sport and sportscotland
•  Order of St John in Fife
•  Rotary in Fife and Kilrymont St Andrews Rotary Club
•  Margaret Pullar (Bill Pullar Bursary) and Russell Hogg Trust
•  Fife Council and Fife Sports and Leisure Trust
•  Scottish FA
•  Trefoil, Celtic Foundation and STV Children’s Appeal.

DSF (SCIO) also has strong links with Fife schools and the Active Schools Network. Since inception DSF (SCIO) has worked closely with Health and Social Care in Fife and a significant number of individual Fife Sports Clubs. DSF (SCIO) considers the Sports Councils in East, Central and West Fife as key partners.

**Activity Inclusion Model** (AIM)
DSF will utilise the principles of the AIM model and STEP framework to promote inclusive practice within physical education, active recreation, and sport. DSF (SCIO) recognises that four factors influence inclusive practice and shape content and delivery – ability, activity, impairment and setting.