DISABILITY SPORT FIFE
Annual Report presented at the Thirty-Ninth Annual General Meeting

Monday 9th May 2016
Michael Woods Sports and Leisure Centre—Glenrothes

DSF is a member organisation of Scottish Disability Sport and is supported by Fife Council and the Fife Sports and Leisure Trust.

Fife 7s Football League 2016

[Image of a group of football players]
Chairman’s Report

May I thank you for attending the 2016 Disability Sport Fife (DSF) Annual General Meeting and Awards Evening. The year past year has been one of growth and achievement but also of enormous sadness. DSF said farewell to founder member David Thomson who served the Association without a break from 1977 through to November 2015. The Association lost the services of the late John Hick who was not only an accomplished all round sports person but a key volunteer and coach. This year we lost Bob Donaldson, father of one of our leading all round athletes Craig Donaldson after a lengthy illness. More recently Lorraine Russell, inspirational parent of Kieran Steer, unexpectedly passed away prior to travelling with Kieran to the World Championships in China. Last year we recognised at the Awards Evening the huge contribution Steve Donnelly of the Fife Sports and Leisure Trust made to DSF and also engaged him as our photographer. Sadly Steve also has passed away leaving a huge gap to be filled.

The foundations of DSF are the weekly sports sessions and they have grown in number and participant involvement throughout the year. DSF is indebted to the coaches and volunteers who offer so much of their time and expertise to those sessions. At the beginning of the year we had another successful Annual Sports Festival which never loses its appeal for the many athletes and players who take part. The Festival is supported by the Fife Sports and Leisure Trust through our Service Level Agreement, a very important aspect of our partnership. DSF acknowledges the enormous support it receives from Fife Council and the Fife Sports and Leisure Trust throughout the year in so many different ways.

DSF athletes and players have once again had a successful year in national events organised by Scottish Disability Sport. I would single out Fife swim team achievements at Grangemouth and Tollcross plus athletics successes in cross country, track and field and Sportshall worthy of special mention. Member organisations and session coaches put in an enormous amount of time and effort into preparing Fife teams and yet again their efforts have paid dividends.

DSF now has established High Performance, Performance and Development Squads which support individual members at various stages of their sporting development. The 2016 Paralympic Games are scheduled for Rio this year and DSF has a number of high performance members in contention for places in Team GB. We wish them well in their efforts to gain selection and look forward to hearing positive results when the team is announced in July. A significant number of members of the High Performance Squad have excelled in major events throughout the year and we shall hear more about them throughout the Annual Report.

DSF is one of three Scottish Disability Sport Branches to be included in the Spirit of 2012 “Go Out and Get Active” programme. DSF continues to address the regional development arm of performance sport in Fife and the squad and coach development programme promoted by DSF are major elements of that programme. DSF continues to identify and support emerging athletes of all levels of ability, encouraging them to be more active more often.

The Association has once again been supported by grants and donations from a significant number of organisations and would single out the Russell Hogg Trust, the Association of Rotary Clubs and the Order of St John in Fife for particular mention. Rotarians and Order members have been massive supporters of DSF for almost three decades and their funding has offered sports men and women with a physical, sensory or learning disability many sporting opportunities.

I would of course wish to thank participants, volunteers and coaches for all their efforts throughout the year past in raising the profile of DSF. The office team work tirelessly on behalf of the Association and although we have lost David Thomson he will never be forgotten. David has been a shining light and mentor for all of us over the years. Many thanks for supporting the AGM and the level of attendance is proof that this Association is very much alive in 2016.

Paul Noble, MBE
Chairman, Disability Sport Fife
### GENERAL MANAGEMENT COMMITTEE 2015/2016

#### Office Bearers
- **Paul Noble, MBE**: Chairman/Hon. Treasurer
- **David Thomson**: Hon. Secretary – until November 2015
- **Richard Brickley, MBE**: Hon. President

#### Athlete Representatives
- **Adam Morley**
- **Caroline Baird, MBE**
- **Alan Johnston**

#### Member Organisation Representatives
- **Maureen McSeveney**: Central Fife CSS
- **Carolyn Clunie**: East Fife CSS
- **Anna Capon**: West Fife CSS

#### Parents Representative
- **Vacant**

#### Active Fife
- **Anna Tizzard**

---

#### Administrator
- **Norma Buchanan**

#### Independent Examiner
- **Tom Foster**

#### SDS Liaison Officer
- **Mark Gaffney, Events Manager, SDS**

---

### COMMITTEES

#### Finance and Policy
- **Richard Brickley, MBE (President, DSF) - Chair**
- **Paul Noble, MBE (Chairman, DSF)**
- **David Thomson (Secretary, DSF) – until November 2015**
- **Maureen McSeveney – from April 2016**

#### Performance
- **Richard Brickley, MBE (President, DSF) – Chair**
- **Norma Buchanan (Administrator, DSF)**
- **Individual DSF High Performance Athletes and SGB Sports Specific Representatives**

#### Safeguarding in Sport
- **Maureen McSeveney (Central Fife CSS) - Chair**
- **Richard Brickley, MBE (President, DSF)**
- **Anna Tizzard (Active Fife)**
- **Paul Noble, MBE (Chairman, DSF)**
- **Norma Buchanan (Administrator, DSF)**
MEMBER ORGANISATIONS

Secondary Schools with Departments for Pupils with Additional Support Needs (DAS)
- Auchmuty High School
- Balwairie High School
- Bell Baxter High School
- Buckhaven High School
- Lochgelly High School
- Madras College
- Woodmill High School
- Glenrothes High School
- Queen Anne High School

Health and Social Care
- East Fife Community Support Services
- Central Fife Community Support Services
- West Fife Community Support Services

Schools
- Hyndhead School, Buckhaven
- John Fergus School, Glenrothes
- Kilmaron School, Cupar
- Calaiswood School, Dunfermline
- Rosslyn School, Kirkcaldy

Clubs/Organisations
- Lochgelly HS Community Use
- Dunfermline Tennis Club
- Falkland Tennis Club
- Newport Tennis Club
- Abbeyview Bowling Club
- Headwell Bowling Club
- Fife Athletic Club
- Glenrothes Swimming Club
- INCAS
- FINS
- East Fife Indoor Bowling Club
- Carnegie Swimming Club
- Dunfermline Track & Field
- Beveridge Park Bowling Club
- Cupar & District Swimming Club
- Glenrothes Strollers
- Lochore Meadows Country Park
- Raith Rovers FC
- Enigma Gymnastics Club

Voluntary Organisations
- Scottish Autism
- Fife Sensory Impairment Service
- ENABLE, Fife Branch
- Capability Scotland

Colleges
- Fife College
  - Elmwood Campus
  - Glenrothes Campus
  - St Brycedale Campus
  - Carnegie Campus
### DSF employed and volunteer coaches supporting DSF members

<table>
<thead>
<tr>
<th>Name</th>
<th>Sport</th>
<th>Coach</th>
<th>Sport</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Cowieson</td>
<td>Archery</td>
<td>Math Thomson</td>
<td>Lawn &amp; indoor bowls</td>
</tr>
<tr>
<td>Atlanta Crawford</td>
<td>Athletics</td>
<td>Helima Mutch</td>
<td>Multi sports, swimming</td>
</tr>
<tr>
<td>David Brown</td>
<td>Athletics</td>
<td>Ian Paterson</td>
<td>Multi sports</td>
</tr>
<tr>
<td>Gabby Doig</td>
<td>Athletics</td>
<td>Jason Arthur</td>
<td>Multi sports</td>
</tr>
<tr>
<td>Gayle Sloan</td>
<td>Athletics</td>
<td>John Hick</td>
<td>Multi sports - until</td>
</tr>
<tr>
<td>Joanne Creech</td>
<td>Athletics</td>
<td>John Johnstone</td>
<td>early 2015</td>
</tr>
<tr>
<td>Neil Freir</td>
<td>Athletics</td>
<td>John Johnstone</td>
<td>Multi sports</td>
</tr>
<tr>
<td>Pamela Robson</td>
<td>Athletics</td>
<td>Rachel White</td>
<td>Multi sports</td>
</tr>
<tr>
<td>Stuart Munn</td>
<td>Athletics</td>
<td>Alex Bird</td>
<td>Racquet sports</td>
</tr>
<tr>
<td>Tony Boyle</td>
<td>Athletics</td>
<td>Euan Bell</td>
<td>Racquet sports</td>
</tr>
<tr>
<td>Carolyn Clunie</td>
<td>Athletics, multi sports</td>
<td>Anna Tizzard</td>
<td>Swimming</td>
</tr>
<tr>
<td>Catherine Carruthers</td>
<td>Boccia</td>
<td>Helen McKay</td>
<td>Swimming – until</td>
</tr>
<tr>
<td>David Costello</td>
<td>Football</td>
<td>Kathy Bijack</td>
<td>early 2016</td>
</tr>
<tr>
<td>Tom Hunter</td>
<td>Football</td>
<td>Kay Maxwell</td>
<td>Swimming</td>
</tr>
<tr>
<td>Craig Martin</td>
<td>Golf</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Mainstream Coaches hugely supportive of DSF members

<table>
<thead>
<tr>
<th>Name</th>
<th>Club</th>
<th>Coach</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steve Doig</td>
<td>Fife AC</td>
<td>Alan Roberts</td>
<td>Glenrothes Strollers</td>
</tr>
<tr>
<td>Ron Morrison</td>
<td>Fife AC</td>
<td>Joe McCafferty</td>
<td>Glenrothes Strollers</td>
</tr>
<tr>
<td>Dave Francis</td>
<td>Fife AC</td>
<td>John Wishart</td>
<td>Cupar &amp; District</td>
</tr>
<tr>
<td>Garrie Roberts</td>
<td>INCAS</td>
<td>Mark McQuilton</td>
<td>Swimming Club</td>
</tr>
<tr>
<td>Ian Lewis</td>
<td>FINS</td>
<td></td>
<td>Cupar &amp; District</td>
</tr>
<tr>
<td>Alan Russell</td>
<td>Dunfermline Tennis Club</td>
<td>Graham Loudon</td>
<td>Pitreavie AC</td>
</tr>
<tr>
<td>Sarah Jane Ewing</td>
<td>Abbeyview Bowling Club</td>
<td>Davie Honeyman &amp;</td>
<td>Scottish FA</td>
</tr>
<tr>
<td></td>
<td>Headwell Bowling Club</td>
<td>Lee Bailey</td>
<td></td>
</tr>
</tbody>
</table>

### Officials

Fiona Cunningham, Colin Wilson, Tom Foster, Jim Drummond, Math Thomson, Alex McLean, Kirkcaldy High School Sports Leaders
PERFORMANCE INDICATORS – How are we doing?

Participation and Performance  
**FACTS**

- **33** (increase of five since last year) weekly sessions are now run in conjunction with a range of partners.
- **318** participants attend 24/33 weekly sports specific and multi-sports sessions co-ordinated by DSF (this is an increase of over 100 since last year).
- **14** coaches are employed weekly by DSF or partners to run DSF weekly sessions.
- DSF now has a High Performance Squad of **19** athletes, a Performance Squad of **30** athletes and a Development Squad of **26** athletes.
- According to Scottish Disability Sport, DSF has witnessed an average increase in male participation of 16% and female participation by 19% in national events – source Mark Gaffney, Events Manager, SDS.

Education & Training  
**FACTS**

- **2** twilight DIT evenings were held at Auchmuty HS in conjunction with Scottish Disability Sport.
- **1** National Classification course was held at the Michael Woods Centre, Glenrothes with support from Scottish Disability Sport.
- **1** Pool Workshop was held at Lochgelly HS in 2015 with support from SDS.
- **1** Boccia Leaders course was held in Fife with full support from SDS.
- **1** Wheelchair Racing workshop was hosted by DSF with support from Ian Mirfin of Scottish Athletics and Para-athlete Sammi Kinghorn.
- **1** Sprints and Jumps workshop tutored by Chris Weitz of Scottish Athletics was held in Fife for DSF coaches and volunteers. Thanks to Shona Malcolm of Scottish Athletics for assisting with athletics workshops.
- **1** well attended Sports Coach UK “How to Coach Disabled People in Sport” was hosted by DSF.
- **4** Awareness Training workshops were tutored by DSF for Fife Carers.
- DSF frequently promotes the SDS and Active Fife coach education programmes.
Events Check List

- DSF has organised 22 sports events in the past 12 months.
- DSF members competed in 29 national events in the past 12 months.

Communication

- 220 submissions have been made to the Fife Sports & Leisure Trust for the DSF website in the past 12 months.
- 10 newsletters have been produced and circulated extensively in the last 12 months.
- 127 press releases have been circulated in the last 12 months.

2016 Fife Sports Festival

- 470 Participants
- 135 Support staff
- 65 Volunteers

- Financial support provided by Fife Council through non recurring grant. Free access to facilities provided by Fife Sports & Leisure Trust as part of Service Level Agreement.

- Pat Gemmell Memorial Trophy (Team Trophy – all sports)

  1st West Fife Community Support Services  18 pts
  2nd East Fife Community Support Services  14 pts
  3rd Central Fife Community Support Services  9 pts

- Sonia Kane Memorial Trophy (Senior Swimming Relays)

- Anne H. Brodie Trophy (Team Trophy – swimming only)
  Winners - West Fife Community Support Services.

All Sports Festival results are fully reported on the DSF website.
AWARDS & BURSARIES

Local Sports Council Awards
Disability Sport Fife nominated and prepared a detailed profile on 16 athlete members and submitted them for consideration by Area Sports Councils for Awards Evenings held during 2015/16.

Winners of the principal awards were – Martin Hunter (Kirkcaldy & Central), Alison Patrick (West) and Michael Simpson (East). Derek Rae won the Gary Innes Memorial Award at the Kirkcaldy and Central Fife Awards Evening for the second year in succession.

St Andrews Kilrymont Rotary Club – Disabled Sports Person of the Year
Michael Simpson from Strathmiglo Bowling Club was awarded the St Andrews Kilrymont Rotary Club Disabled Athlete of the Year Quaich in 2016 and a Rotary Bursary.

2015 SDS Academy Athletes
Brad Stewart (archery), Owen Miller (athletics), Derek Rae (athletics) and Stefan Hoggan (Para Triathlon) received Academy grants. Kieran Steer (boccia), Alison Patrick Para Triathlon) and Derek Rae (athletics) are currently GB funded athletes.

Bill Pullar Bursary
Ollie Carter from Cupar was the winner of the main Bill Pullar Bursary in 2015. Stefan Hoggan also received a small Bursary. DSF acknowledges enormous continued support from Margaret Pullar.

Fife Association of Rotary Clubs Bursaries 2015
Kirsty Brunton (Dalgety Bay), Ollie Carter (Cupar) and Martin Hunter (Burntisland) were the first recipients of the Annual Rotary Clubs Bursaries.

Russell Hogg Trust Annual Bursaries
Four awards to be presented for 2015/2016 sporting year.
**SUPPORT IN KIND 2015/2016**

**D.S.F.** recognises the support it receives from many people in Fife and wishes to recognise the following agencies and individuals in particular:

- Fife Council
- The Fife Sports and Leisure Trust
- The staff of the Michael Woods Sports & Leisure Centre
- Jen Henderson, Sports Development Manager Active Fife
- Pamela Colburn, Manager, Active Schools
- Staff from East, West and Central Fife Community Support Services
- Tom Foster - Independent Examiner
- Fife Swimming Clubs coaches and officials
- The Rector and staff of Kirkcaldy HS
- East Fife Indoor Bowling club
- Beveridge Park Bowling Club
- East, West and Kirkcaldy and Central Fife Sports Councils
- The Courier, Fife Free Press Group, Dunfermline Press, Kingdom FM
- The staff and volunteers who travel in support of Fife teams and individuals throughout Scotland and the U.K.
- Blair Duncan, Anne-Marie McMorrin – PEPAS
- Kevin McKee, Fife Sports & Leisure Trust for website support. Staff from the FSLT Design Team.

**ACKNOWLEDGEMENT OF FINANCIAL SUPPORT**

Disability Sport Fife has received financial assistance from many agencies and individuals during the year and wishes to acknowledge the following in particular:

- Fife Council for Recurring Grant Aid to support the post of part-time DSF administrator
- Fife Council Community Events Grants Scheme – Annual Sports Festival
- Fife Sports and Leisure Trust
- The members of The Order of St John, Fife Branch
- Education Scotland
- Margaret Pullar and friends – Bill Pullar Bursary
- Scottish Disability Sport
- sportscotland
- Scottish FA
- Tennis Scotland
- Scottish Athletics
- St Andrews Kilrymont Rotary Club
- Active Fife Staff
- Callum Sloan and Susanne McGrath
- The Association of Fife Rotary Clubs
- Kilmarnock School
- Russell Hogg Trust
- Scottish Disabled Sports Trust
- Mary Leishman Foundation
- The Celtic Foundation
- The Big Lottery
- The many individuals who donated anonymously in the year past through MyDonate
- Plus many other individual sports people and friends who have raised money for specific projects and programmes
SPORTS SPECIFIC HISTORIES (updated 2016)

ARCHERY

- In 1981 DSF hosted the first National Outdoor Archery Championships as part of the Fife Games.
- DSF established the first National Disability Archery Postal Shoot in the 90s organised by DSF archery co-ordinators Gwyn Jones and the late Mike Broderick.
- DSF archers contributed considerably to Scottish national team successes at British Championships for over 25 years.
- DSF members finished top three in National Indoor team archery events held throughout Scotland between 1985 and 2005.
- Archery is part of the Fife Sports Festival programme.
- Archer Jim Martin from Anstruther was a Paralympian in 1984.
- David Cowieson, Brad Stewart and Gwyn Jones have been Fife’s leading physically disabled archers since 1984.
- Brad Stewart (Ladybank) is an SDS Academy athlete.
- David Cowieson, Brad Stewart and Geordie Harrow won titles at the 2016 Scottish Archery Championships – disability category.

ATHLETICS

- The first Fife Track and Field Championships were held in 1976.
- In 1981 DSF and Fife Regional Council introduced the Fife Games to the Scottish Disability Sport calendar as a contribution to the International Year of Disabled People. The Fife Games included athletics, archery and cross country and attracted entries from all over the UK throughout the 80s and 90s.
- DSF is consistently represented at the Scottish Disability Sport Junior and Senior Track and Field Championships with considerable success.
- In the 90s DSF had a wheelchair track team of eight to ten athletes and the Glenrothes Road Running Festival hosted a 10K wheelchair race with participants from all over the UK.
- In 2009 athletics was added to the sports offered under the DSF VORTEX programme.
- All Fife multi-sports sessions include track and field athletics during the summer term.
- Since 2006 DSF has supported the Scottish Disability Sport / Scottish Athletics East Series Cross Country and National Championships with considerable success.
- The Fife Track and Field Championships are now the major event on the DSF events calendar.
- DSF has successfully supported the National Sportshall athletics event since Scottish Disability Sport introduced the event to the national calendar and won the team title for the second time in 2016.
- Colin Keay and Caroline Baird, MBE are athletics Paralympians and multi gold medalists from Fife.
- DSF offers run, jump and throws sessions weekly in East, West and Central Fife.
- DSF has talented junior and senior athletes in the Fife High Performance, Performance and Development Squads
- In 2015 Derek Rae (Kirkcaldy) became DSF’s most recent GB international when he was selected to compete for GB at the IPC World Marathon Championships in London. Derek represented GB at the same event in 2016 and is on the long list of athletes for Rio.
BADMINTON

- In 2009 DSF added badminton to the priority sports being developed across Fife for children, young people and adults with a physical or learning disability.
- Badminton has always been one of a number of racquet sports included in the weekly multi-sports sessions offered at the Fife Sports Institute for adults with a learning disability and also during the Annual Junior Multi-Sports Festival.
- Badminton was added to the coach led sports offered under VORTEX and also the previous DSF Big Lottery funded programme IMAGE.
- The first Fife Badminton Championships were held in 2009 during Sports Festival Week and attracted a single figure entry. The 2016 Championships had an entry of 50 plus adults and juniors competing in eleven divisions. The late Russell Hogg was the driving force.
- With funding from Celebrating Fife 2010, an Inter Area competition was organised at the Cowdenbeath Leisure Centre involving participants from East, West and Central Fife.
- DSF currently offers weekly badminton sessions in Central Fife.
- With encouragement from DSF, badminton is now included in the sports development programmes of specific Fife schools for pupils with additional support needs.
- In 2014 John Hick became the first ambulant physically disabled sportsman from Fife to compete in the Four Nations Badminton event.
- St Andrews University hosted a badminton Festival in 2014 for schools with DAS departments.
- DSF successfully submitted a Lottery application in 2014 to access funding to provide learner badminton equipment for key partners with support workshops. Six workshops have been held and seven badminton equipment bags distributed. DSF acknowledges support from Jane Russell from Badminton Scotland.

BOCCIA

- DSF introduced boccia to the weekly sessions programme in 2006.
- DSF introduced boccia to the Junior Multi-Sports Festival for physically and sensory impaired youngsters in 2005.
- Kieran Steer emerged from a DSF Multi-Sports Festival as a player with potential and is now an established GB international player challenging for a place in the GB Team for Rio in 2016.
- Kieran Steer won his first singles international title at the European Championships in Barcelona.
BOWLS

- The first bowls competition organised by DSF was on the outdoor green at Lynebank Hospital in Dunfermline in 1977. The Championships were organised in conjunction with Alex McLean and bowls colleagues from the Rosyth ATC.
- DSF introduced the first Carpet Bowls Championships to the Fife calendar at Woodmill HS Community Use in 1978.
- In 1981 DSF collaborated with Scottish Disability Sport to introduce the first Scottish Carpet Bowls Championships to the national calendar at the Lochgelly Centre. The Championships were funded by Fife Regional Council as a DSF and Council contribution to the International Year of Disabled People.
- Bowls in Fife progressed because of the interest taken by Social Work staff members in the Fife Resource Centres. Alex McLean, Betty McLean, Jimmy Smith, Christine Easton and the late Ian Cowper were key to bowls development in Fife.
- DSF members have for the last 30 plus years consistently performed well at the National Carpet Bowls Championships and National Lawn Bowls Championships organised by Scottish Disability Sport.
- With support from Celebrating Fife DSF introduced a new bowls event to the national calendar specifically for players with a learning disability. The first Inter Area Bowls Test Match was held at Beveridge Park in 2010. DSF will host the 2016 Test Match.
- In 2009 DSF played an important role in supporting Scottish Disability Sport to host the Test Match against England at the Beveridge Park in Kirkcaldy in preparation for the World Championships.
- Fife physically disabled and visually impaired bowlers have consistently featured for Scotland in Home International and World Championship events.
- DSF introduced lawn bowls coaching sessions at the Beveridge Park in Kirkcaldy in May 2011. Special thanks to DSF Bowls Co-ordinator Matt Thomson and members of the Beveridge Park Club.
- DSF enjoys incredible support from the members of the East Fife Indoor Bowling Club. The Club has hosted annual Fife Championships for players with a learning disability for over 24 years.
- DSF enjoys amazing support from members of the Beveridge Park Club in Kirkcaldy, venue for the Fife Championships for over 25 years.
- Fife’s leading bowlers have been Billy Allan, Michael Simpson, Eleanor Clark, Martin Hunter, Barbara McMillan, David Thomson, Maria Spencer, Craig Donaldson, Pamela Mitchell and Darryl Stewart.
- Michael Simpson and Billy Allan were selected for Team Scotland physically disabled triples for the Commonwealth Games in Glasgow 2014. Team Scotland finished fourth.
- Martin Hunter, Michael Simpson, Billy Allan, Maria Spencer, Barbara McMillan were selected for Team Scotland for the IBD World Championships in New Zealand in 2015. Martin and Maria won singles gold and Michael and Maria pairs silver.
- Michael Simpson won the mens open title for physically disabled bowlers when the first event was held at Ayr as part of the Bowls Scotland Championships.

GOLF

- Since 2004 DSF has partnered Elmwood College/Fife College/SRUC in hosting the Annual Fife Open Golf Championships at Elmwood Golf Club in Cupar.
- Brian Crombie from Glenrothes and the Balbirnie Golf Club is a past one armed golfing world champion who also brought the World Championships to the Balbirnie Golf Club in early 2000.
- Craig Martin from Fife College has been the driving force behind the development of golf for players with a learning disability in Fife and beyond.
- The Fife Open Golf Championships includes a skills tests section plus 9 and 18 hole competitions. The skills tests are now a very popular section of the Fife Open.
FOOTBALL

- Since 1975 DSF has promoted 5-a-side football for adults with a learning disability as part of the Annual Fife Sports Festival.
- Football has for the past three decades been included in weekly club and multi-sports programmes held across Fife.
- Thanks to coaching grants from the Scottish FA East of Scotland coaching manager weekly coaching sessions have been offered to players with a learning disability in Central and West Fife.
- Thanks to a Fife Council Community Events Grant there has been an increased number of football teams participating in the Fife Championships.
- In 2010 DSF became involved in the National 7-a-side Junior League and organised the first Fife Schools 7s League in the same year. Six schools were involved in 2016 7s League. The League is supported by the Scottish FA and Kirkcaldy HS.
- In 2014 DSF introduced an S1/S2 7s competition to run in parallel to the S3/S6 event. Both events are supported by Kirkcaldy HS and the Scottish FA.
- DSF has worked with the Scottish FA and Fife Football Development Officers to develop the Fife Inclusive Performance Football Academy. The 2016 Academy programme involves five Fife Secondary schools.

SWIMMING

- From 1970 through to 2012 the Fife Sports Institute was the hub for disability swimming in Fife.
- DSF has organised six swimming galas in any one year for swimmers of all ages and abilities with a disability.
- DSF members have an outstanding record in national championships organised by Scottish Disability Sport, Disability Sport England and international disability swimming organisations.
- Glenrothes Swimming Club had eight Paralympic swimmers training with the club during the 80s/90s.
- Fife representative swim teams have excelled over the years as team winners at the National Championships and Inter Region Championships.
- DSF swimming sessions are offered weekly across Fife in Leisure Trust and Council facilities. Community Schools multi-sport sessions offer swimming sessions in specific venues. Lochgelly HS Sports Club is the most successful and longest running.
- The Inter Schools ASN gala and Brodie Gala have been running since the 70s and provide opportunities for swimmers of all levels of ability with additional support needs.
- DSF enjoys a very healthy relationship with mainstream swimming clubs across Fife and over the years DSF personnel have supported the inclusion of DSF members in mainstream clubs.
- Fife has produced the following Paralympic swimmers since 1984 - Paul Noble, Tracy Wiscombe, Lara Ferguson, Iain Matthew, Craig Rodgie, Paul Johnston, Adam Morley, Anna Tizzard. Martin Lee and Lucy Walkup have competed at the Deaflympics and Rebecca Lee for GB at INAS competitions.
- In 2016 there are five weekly discrete coach led sessions run by DSF and three discrete learn to swim sessions organised in partnership with the Trust.
- In 2015 Fife won the national team trophy for swimmers with a physical/sensory impairment.
TABLE TENNIS

- DSF first hosted a Fife Table Tennis Championships as part of the Annual Sports Festival in the mid 70s.
- DSF hosted the first SDS National Championships at the Fife Sports Institute in 1976.
- DSF was involved in setting up and hosting the National Table Tennis League at the Fife Sports Institute during the 80s and 90s. DSF table tennis co-ordinator Wilma Catignani played a key role with George Keith from Aberdeen.
- Paul Noble and Lara Ferguson have been the most successful Fife physically disabled players at the National Championships. Craig Donaldson (St Clair Centre) and Stephen Burns (Carnock) were for many years the leading doubles players with a learning disability.
- DSF sent strong teams to the National Championships up until the final event in Inverurie in 2003.
- Table tennis coaching sessions are included weekly at the Monday racquet sports sessions at the Michael Woods Sports and Leisure Centre. DSF is on the look out for a table tennis coach.

TENNIS

- Daniel Tunstall from St Andrews raised the bar in performance deaf tennis by his achievements at national and international level. Daniel was coached by Mike Aitken at St Andrews Tennis Club.
- In 2013 DSF with support from Andrew Raitt of Tennis Scotland secured two tennis wheelchairs from the Dan Maskell Foundation.
- In 2011 DSF introduced tennis coaching at Queen Anne HS to the sessions programme.
- In 2015/2016 DSF is working with Dunfermline, Newport and Falkland Tennis Clubs to promote inclusive tennis coaching.
- Working with Dunfermline Tennis Club and with support from Tennis Scotland and SDS a Junior Academy Tennis Coaching programme will be launched in May/June 2016 in three Fife Secondary Schools.

TEN PIN BOWLING

- 10 Pin Bowling was added to the Fife calendar of events at the Fraser Bowl, Glenrothes during the 90s by the late Bernard Pirie, DSF 10 pin bowls co-ordinator.
- DSF members had a pathway for 10 pin bowling through the Special Olympics movement in the past.
- DSF introduced the Bumpers and Ramps Championships to the Fife calendar in 2011. Both events were co-ordinated by the late Bernard Pirie and Denise Russell.
- The Fife 10 Pin Bowling Championships were reinstated in 2015 under the guidance of Trish Anderson from East Fife CSS.
WHEELCHAIR CURLING

- Frank Duffy from Falkland became skip of the Scottish and GB wheelchair curling teams and consistently medalled in Paralympic and World Championships during his career.
- In 2015 Brad Stewart (Ladybank) and Graham McIntyre (Leven) joined Michael McCreadie and Aileen Neilson to win bronze at the Scottish Wheelchair Curling Championships.

ROWING

- Graham McIntyre (Leven) became the first Fife rower to be included in the Scottish Squad and won the Scottish 1000m indoor title (arms and shoulders) in 2015.
- DSF is working with the St Andrews Outdoor Rowing Club to promote disability rowing in Fife.
DISABILITY SPORT FIFE AWARDS

ACCESS AWARDS for achievement in sport over a significant number of years


SWIMMER OF THE YEAR – The Leslie Inglis Trophy


ATHLETE OF THE YEAR – Colin Keay Award

2011 Owen Miller, Dunfermline 2012 Owen Miller, Dunfermline 2013 Owen Miller, Dunfermline 2014 Derek Rae, Kirkcaldy 2015 Derek Rae, Kirkcaldy

BOWLER OF THE YEAR – McLean Award

**MOST IMPROVED SWIMMER OF THE YEAR – Paul Noble Award**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
<th>Female Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>Rebecca Lee, Dalgety Bay</td>
<td>Craig Roddie, Dalgety Bay</td>
</tr>
<tr>
<td>2008</td>
<td>Lucy Walkup, Glenrothes</td>
<td>Arran Ritchie, Kirkcaldy</td>
</tr>
<tr>
<td>2009</td>
<td>Stefan Hoggan, Auchtermuchty</td>
<td></td>
</tr>
<tr>
<td>2010</td>
<td>Lucy Walkup, Glenrothes</td>
<td>Craig Roddie, Dalgety Bay</td>
</tr>
</tbody>
</table>

**FOOTBALLER OF THE YEAR – Penman Family Award**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>Andrew Williams (Woodmill HS)</td>
</tr>
<tr>
<td>2014</td>
<td>Liam Downie (Balwearie HS)</td>
</tr>
<tr>
<td>2015</td>
<td>Liam Downie (Balwearie HS)</td>
</tr>
</tbody>
</table>

**WHEELCHAIR ATHLETE OF THE YEAR – Ian McNab Memorial Trophy**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
<th>Female Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>1993</td>
<td>David Thomson, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1994</td>
<td>Evelyn Neave, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1995</td>
<td>Elaine Lister, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1996</td>
<td>Martin McArdie, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1997</td>
<td>Derek Frew, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1998</td>
<td>Andy Bird, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>1999</td>
<td>Nicky Diatchenko, Cardenden</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2000</td>
<td>Evelyn Neave, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2001</td>
<td>Derek Frew, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2002</td>
<td>David Cowieson, Dairsie</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2003</td>
<td>Derek Frew, Glenrothes</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2004</td>
<td>Frank Duffy, Falkland</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2005</td>
<td>Frank Duffy, Falkland</td>
<td>W/C curling/shooting</td>
</tr>
<tr>
<td>2006</td>
<td>Frank Duffy, Falkland</td>
<td>W/C curling/shooting</td>
</tr>
</tbody>
</table>

**LIFETIME ACHIEVEMENT AWARD – Gary Innes Award**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
<th>Female Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>2004</td>
<td>Adam Morley, Glenrothes (swimming)</td>
<td>Barbara McMillan, Cowdenbeath (bowls)</td>
</tr>
<tr>
<td>2006</td>
<td>Anna Tizzard (swimming)</td>
<td>Billy Allan, Cowdenbeath (bowls)</td>
</tr>
<tr>
<td>2007</td>
<td>Caroline Bair (athletics)</td>
<td>Stephen Burns, Carnock (multi-sports)</td>
</tr>
<tr>
<td></td>
<td>Iain Matthew</td>
<td>Wullie Harrison (bowls)</td>
</tr>
<tr>
<td></td>
<td>Paul Johnstone (swimming)</td>
<td>David Cowieson (archery)</td>
</tr>
<tr>
<td>2008</td>
<td>Lara Ferguson (swimming)</td>
<td>Wullie Harrison (bowls)</td>
</tr>
<tr>
<td></td>
<td>Caroline Bair, MBE (athletics)</td>
<td>David Cowieson (archery)</td>
</tr>
<tr>
<td>2009</td>
<td>Andrew Lindsay, Cowdenbeath</td>
<td>Wullie Harrison (bowls)</td>
</tr>
<tr>
<td>2010</td>
<td>Craig Donaldson, St Clair Centre (all sports)</td>
<td>Wullie Harrison (bowls)</td>
</tr>
</tbody>
</table>

**JUNIOR SPORTS PERSON OF THE YEAR – Aileen Harper Award**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
<th>Female Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>Stefan Hoggan, Auchtermuchty (swimming)</td>
<td>Carter Taylor (Woodmill HS)</td>
</tr>
<tr>
<td>2008</td>
<td>Owen Miller, Dunfermline (athletics)</td>
<td>Sam Fernando (Bell Baxter HS - athletics)</td>
</tr>
<tr>
<td>2009</td>
<td>Lucy Walkup, Glenrothes (Glenrothes SC)</td>
<td>Ollie Carter (Bell Baxter HS and Carnegie SC – swimming)</td>
</tr>
<tr>
<td>2010</td>
<td>Lucy Walkup, Glenrothes (Glenrothes SC)</td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>Atlanta Crawford, Kirkcaldy</td>
<td></td>
</tr>
<tr>
<td>2012</td>
<td>Lloyd Simpson, Methil (Lochgelly North School)</td>
<td></td>
</tr>
</tbody>
</table>

**JUNIOR ENDEAVOUR AWARD – Caroline Baird Award**

<table>
<thead>
<tr>
<th>Year</th>
<th>Male Winner</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>Lewis Barnett, Cupar</td>
</tr>
<tr>
<td>2009</td>
<td>Fraser Wilson, Cupar</td>
</tr>
<tr>
<td></td>
<td>Martin Tennant, Cowdenbeath</td>
</tr>
<tr>
<td>2010</td>
<td>Atlanta Crawford, Kirkcaldy</td>
</tr>
<tr>
<td></td>
<td>Craig Smith, Glenrothes</td>
</tr>
<tr>
<td>2011</td>
<td>Kieran Steer, Crossgates (boccia)</td>
</tr>
<tr>
<td>2012</td>
<td>Craig Smith, Kirkcaldy (swimming)</td>
</tr>
</tbody>
</table>
SENior enDeaour AWard – Lara Ferguson / Andrew Lindsay AWards

1997 Kenneth Richards, Woodlands Centre, Dunfermline
2003 James Fleming, Dalgairn Centre, Cupar
2004 Derek Forrester, Leven
2006 Graham Law, Glenrothes
2007 Morag Wilson (Robert Gough Centre)
2008 Christopher Gowans, Kirkcaldy
2009 Kelly Crawford, Dunfermline
2010 Fraser Wilson, Cupar / Tonia Coe (Dalgairn Centre)
2011 Craig Bernard (Robert Gough Centre)
2012 Tonia Coe (Dalgairn Centre)
2013 Michelle Hill (Strathmiglo)
2014 Barrie Sanderson (West Fife CSS)
2015 Paul Coulthard (Kelly)

SpEcial AchieveMent AWards – In memory of Ian Cowper

2006 Robbie McKenzie Smith (Dalgairn Centre)
2007 Stephen Burns (Carnock)
2008 Stephen Burns (Carnock)
2009 Ryan Melville, Kirkcaldy
2010 Andrea Spry (Robert Gough Centre)
2011 Lloyd Simpson (Methil)
2012 Neil McEwan (St Clair Centre)
2013 Graham Law (Glenrothes)
2014 Steven Thackery (West Fife CSS)
2015 Pauline Bryson (Lochgelly HS Sports Club)

COACH of the Year – Eddie Campbell Award

2007 Carrie Roberts (swimming)
2008 Bob Dick (bowls)
2009 Aileen Penny (athletics & swimming - VORTEX)
2010 Fran Cape (equestrian)
2011 Wendy Nicol (athletics)
2012 Judy Black (boccia)
2013 Jane Russell (racquet sports)
2014 Pamela Robson (athletics)
2015 Pamela Robson (athletics)

EMerGing COACH of the Year - Ann Swann AWard

2015 Helima Mutch (Fife Sports & Leisure Trust)

SpeCial recoGnition AWards – Adam Morley AWards

2009 Mary Marshalsay, Milton of Balgonie
2010 Liz Simpson / Steve Donnelly
2011 Carolyn Clinie (Robert Gough Centre)
2012 Denise Russell (Dalgairn Centre)
2013 Lorna McClean (Robert Gough Centre)
2014 Alex Bird (badminton/racquet sports)
2015 Ian Paterson (WFCSS)

DSf SpEcial AWard – Ann Swann AWard

2001 Jim Penman, Principal, Fife Sports Institute
2006 Alan Johnstone, Glenrothes
2007 Michelle Hill (Strathmiglo)
2008 Elaine Wilson, Markinch
2009 Alex and Betty McLean, Kirkcaldy
2010 Matt Thomson, Kirkcaldy (Bowls)
2011 Margaret Robson (swimming)
2012 Margaret Robson (swimming)
2013 Jim Drummond (swimming official)
2014 Not presented
VOLUNTEER SPECIAL RECOGNITION - Anne Hay Award

2004 Alex McLean, Kirkcaldy (Bowls)
Bernard Pirie, Glenrothes (Swimming/Ten Pin Bowling)
Wilma Catignani, Glenrothes (Table Tennis)
Anna Tizzard, Glenrothes (Swimming)
Dael Wilson, Markinch (Wheelchair Racing)
Maureen McSeveney, Cupar (Special Olympics)
2009 Liz Rowley, Auchtermuchty (Special Olympics)

2005 John Hood, Culross (Angling)
2006 Ena Stevenson, Oakley (Wheelchair Curling)
2007 Craig Martin, Perth (Special Olympics)
2008 Maureen McSeveney, Cupar (Special Olympics)

SERVICE TO SPORT AWARD – Steve Donnelly Award

1996 Wilma Catignani (Table Tennis)
1997 Alex McLean (Bowls)
1998 Anna Tizzard (Swimming)
1999 Anne Hay (Swimming)
2000 Brian Herd (Athletics)
2001 John Rae (Special Olympics)
2001 Christine Easson (Bowls)
2002 Mike Tudor (Angling)
2003 Dael Wilson (Athletics)
2004 Mike Broderick (Archery)
2005 Mike Broderick (Curling)

2006 Gordon and Margaret Easton (Archery)
2007 Judy Black (Boccia)
2008 Bernard Pirie (Swimming/10 pin bowling)
2009 Nicky Duffy (Multi-sport)
2010 Anna Capon (WFCSS)
2011 Matt Thomson (Bowls)
2012 Gil Cochrane (Athletics)
2013 Aileen Penny (Multi-sports)
2014 Craig Martin (Fife College)
2015 Teresa Hunter (Balwearie HS)

AMBASSADOR OF THE YEAR – Alec Thorburn Award

2014 Isla Lumsden (Kilmaron School)
2015 Anna Capon (WFCSS)

MEMBER ORGANISATION OF THE YEAR – Olympiad Award in memory of David Thomson