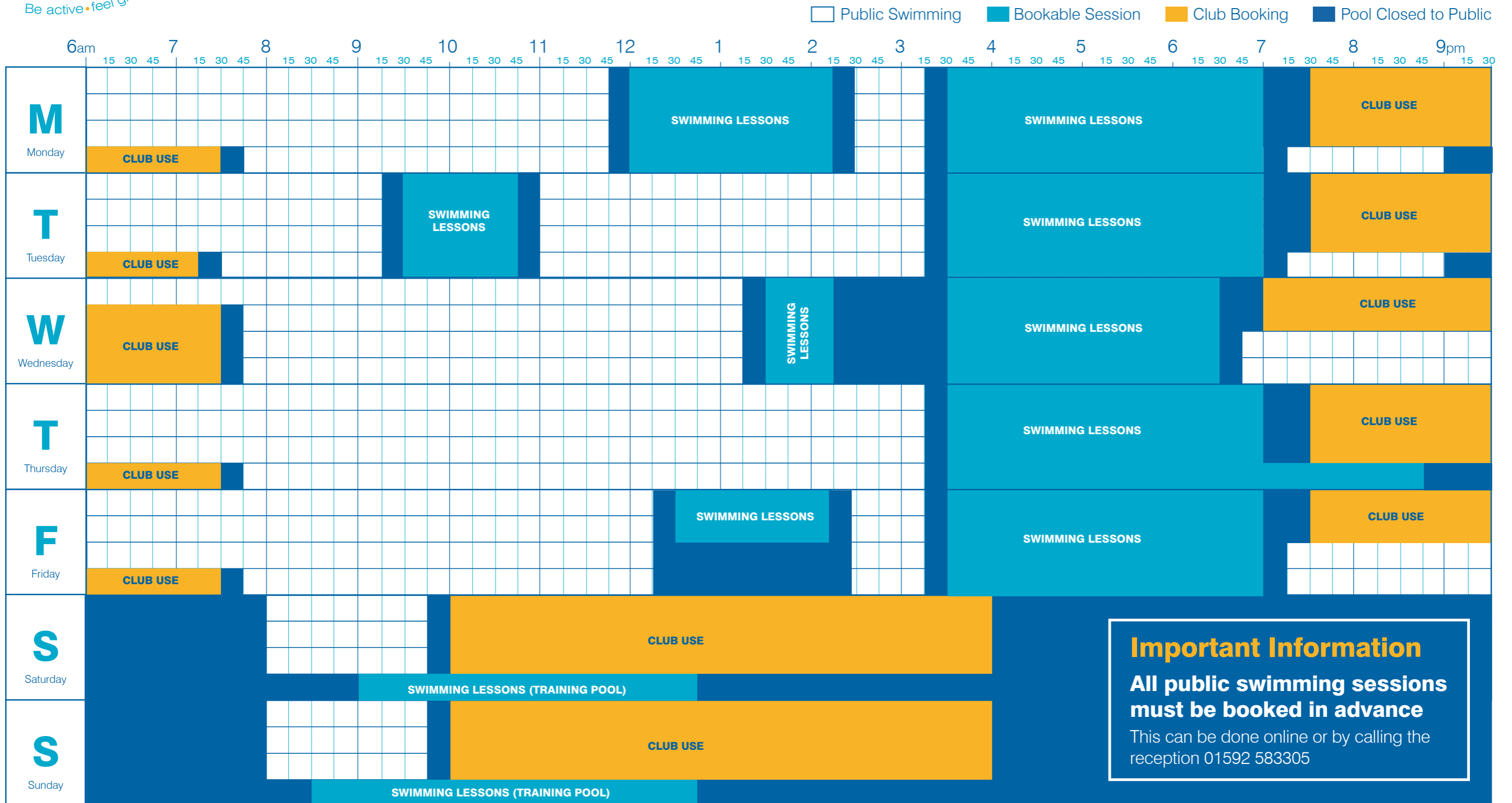


Main Pool Timetable



Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

Michael Woods Sports & Leisure Centre

Viewfield, Glenrothes, KY6 2RD

Tel 01592 583305 Email MichaelWoodsLC@fifeleisure.org.uk

fifeleisure.org.uk/public-swimming - Book now online

@FifeLeisure

Training Pool Timetable

Public Swimming Bookable Session Club Booking Pool Closed to Public

	6am	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9pm
M Monday	Pool Closed to Public															
T Tuesday	Pool Closed to Public															
W Wednesday	Pool Closed to Public															
T Thursday	Pool Closed to Public															
F Friday	Pool Closed to Public															
S Saturday	Pool Closed to Public															
S Sunday	Pool Closed to Public															

Important Information
All public swimming sessions must be booked in advance
This can be done online or by calling the reception 01592 583305

Admission Policy:

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!
Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)
Family/Inclusive Swimming Sessions - Must be same household family bubble of 6 max, 1 hour sessions and follow current COVID-19 restrictions.
 Visit us online or contact centre for further information

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