

# Main Pool Timetable

Public Swimming   Bookable Session   Club Booking   Pool Closed to Public

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9pm
<b>M</b> Monday	Pool Closed	Pool Closed	Pool Closed	Pool Closed	SWIMMING LESSONS	Pool Closed	Pool Closed	SWIMMING LESSONS	Pool Closed	SWIMMING LESSONS	Pool Closed	SWIMMING LESSONS	Pool Closed	Club Booking	Club Booking
<b>T</b> Tuesday	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Club Booking	Club Booking
<b>W</b> Wednesday	Pool Closed	Pool Closed	Pool Closed	SWIMMING LESSONS	Pool Closed	Pool Closed	Pool Closed	SWIMMING LESSONS	SWIMMING LESSONS	Pool Closed	Club Booking	Club Booking	Club Booking	Club Booking	Pool Closed
<b>T</b> Thursday	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	SWIMMING LESSONS	SWIMMING LESSONS	SWIMMING LESSONS	Club Booking	Club Booking	Club Booking	Club Booking
<b>F</b> Friday	Pool Closed	Pool Closed	Pool Closed	SWIMMING LESSONS	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Club Booking	Club Booking
<b>S</b> Saturday	Pool Closed	Club Booking	SWIMMING LESSONS	SWIMMING LESSONS	SWIMMING LESSONS	Pool Closed	Pool Closed	Club Booking	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed
<b>S</b> Sunday	Pool Closed	Club Booking	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Club Booking	Club Booking	Club Booking	Club Booking	Club Booking	Club Booking	Club Booking	Club Booking

**Important Information**  
All public swimming sessions must be booked in advance  
This can be done online or by calling the reception

**Admission Policy:**

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

**East Sands Leisure Centre**

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