

Our Price List

Michael Woods Sports and Leisure Centre

Pay as you go

	Standard	Concession
Swimming Pool		
Adult	£5.40	£3.80
Junior & Teen	£3.80	£2.65
Under 5's	£1.00	-
Family Swim Sessions	£14.60	£10.25
Junior / Teen Friday Night Fun Session	£4.20	£3.00

Gym

	Standard	Concession
Adult	£6.75	£4.75
Teen (14 to 17 years)	£4.75	£3.30
Adult Welcome Session	£20.00	-
Teen Welcome Session	£5.60	-

Fitness Classes

	Standard	Concession
Adult	£6.00	£4.20
Teen (14 to 17 years)	£4.20	£2.95

Health Suite Includes FREE swim subject to availability

	Standard	Concession
Adult	£7.50	£5.25
Teen (16 - 17 years)	£5.25	-

(Health Suite prices are VAT inclusive all other prices are VAT exempt).

Teen Rebel (instructor led sessions)

	Standard	Concession
Teen (13 to 17 years)	£4.20	£2.95

Racquet Sports

Court Hire		
Badminton / Short Tennis / Tennis Court / Pickleball		
Adult (60 mins)	£11.00	£7.70
Junior / Teen (60 mins)	£7.70	£5.40
Squash / Racquetball / Table Tennis		
Adult (45 mins)	£8.40	£4.15
Junior / Teen (45 mins)	£5.80	£2.90

Individual Session		
Pickleball Club or Lite Members (90 mins)	£3.80	-
Pickleball Non-Members (90 mins)	£5.00	-

Athletics Training Lane Hire

	Standard	Concession
Adult	£3.80	£2.70
Teen (13 to 17 years)	£2.70	£1.90

Individual Training (60 mins)

	Standard	Concession
Adult	£7.00	£4.90
Teen (13 to 17 years)	£4.90	£3.45

Personalised Swim Tuition (per person)

	Standard	Concession
One to One	£15.20	£10.70
One to Two	£11.40	£8.00
One to Four	£8.40	£5.90

Miscellaneous

	Standard	Concession
Replacement Card	£4.30	-
Membership Band	£6.40	-
Shower Adult	£3.90	-
Shower Junior / Teen	£2.75	-

Birthday Parties

For further information, availability and pricing for birthday parties, please visit our dedicated webpage, www.fifeleisure.org.uk/birthday-parties

10 Session Passes

When you take out a 10-session pass with us, you only pay for 8 sessions! They are available across a range of select activities and classes. Please visit our reception to enquire further.

Course Bookings

	Standard	Concession
Junior Coaching Classes (x no. of weeks per block)		
Gymnastics / Football		
Junior / Teen (60 mins)	£5.70	£4.00
Additional Child (60 mins)	£4.55	-
Junior / Teen (45 mins)	£4.75	£3.35
Additional Child (45 mins)	£3.80	-

Swimming Lessons

	Standard	Concession
Adult Lesson (45 mins)	£7.10	£5.00
Junior / Teen Lesson	£5.30	£3.80
Additional Child	£4.30	-
Adult & Child Lesson (30 mins)	£5.80	£4.10
Direct Debit Monthly Payment		
Junior / Teen Lesson	£19.60	£13.80
Additional Child	£15.70	-

Junior price includes access to FREE Swimming

Venue Hire

For peak and off peak times, please scan QR code

Sports Hall (60 mins)

	Peak	Off Peak
Team Sports (5v5 Football, Basketball)		
Adult Hall Hire (8 courts)	£109.20	£54.60
Junior / Teen Hall Hire (8 courts)	£76.40	£38.20

	Peak	Off Peak
Adult Half Hall Hire (4 courts)	£54.60	£27.30
Junior / Teen Half Hall Hire (4 courts)	£38.20	£19.10

	Peak	Off Peak
Adult Quarter Hall Hire (2 courts)	£27.30	£13.70
Junior / Teen Quarter Hall Hire (2 courts)	£19.10	£9.60

	Peak	Off Peak
Adult Court Hire	£13.70	£6.90
Junior / Teen Court Hire	£9.60	£4.80

Outdoor 3G Pitches (60 mins)

	Peak	Off Peak
Adult Full Pitch	£120.00	£60.00
Junior / Teen Full Pitch	£84.00	£42.00
Adult Third Pitch	£40.00	£20.00
Junior / Teen Third Pitch	£28.00	£14.00

Individual 3G Surface & Indoor 3G Pitches (60 mins)

	Peak	Off Peak
Adult 7 v 7	£62.00	£31.00
Junior / Teen 7 v 7	£43.40	£21.70
Adult 5 v 5	£37.00	£18.50
Junior / Teen 5 v 5	£26.00	£13.00

Grass Football Pitch

	Peak	Off Peak
Adult Match (90 mins)	£58.50	£29.25
Junior / Teen Match (90 mins)	£41.10	£20.55
Adult Match (60 mins)	£39.00	£19.50
Junior / Teen Match (60 mins)	£27.40	£13.70

Development Pitches 7 (60 mins)

	Peak	Off Peak
Adult	£39.00	£19.50
Junior / Teen	£27.40	£13.70

Team Sports (60 mins)

	Peak	Off Peak
Adult	£37.00	£18.50
Junior / Teen	£26.00	£13.00

Athletics Track

	Peak	Off Peak
Adult Training Lane Hire	£3.80	£2.70
Junior / Teen Training Lane Hire	£2.70	£1.90

Swimming Lane Hire

	Standard	Concession
Main Pool Lane Hire (60 mins)	£21.10	-
Training Pool Lane Hire (60 mins)	£21.10	-



Club Memberships Options

Club Membership

	Direct Debit*	Flex**	Annual
Standard	£30	£36	£300
Corporate Wellness	£27	N/A	£270
Concessionary	£21	£27	£210

What's included?

- ✓ All venue access
- ✓ Gym
- ✓ Gym Classes
- ✓ Public Swimming
- ✓ Fitness Classes
- ✓ Les Mills Classes
- ✓ Wellbeing Classes
- ✓ 8 day booking
- ✓ Health Suite
- ✓ Athletics Track
- ✓ Climbing Wall (Carnegie)
- ✓ Member-exclusive Events
- ✓ Member-exclusive Discounts

Club Venue Access

You have access to, Carnegie, Cowdenbeath, Kirkcaldy, Michael Woods and Levenmouth. Plus all Lite venues listed Beacon, Bowhill, Cupar, Dalgety Bay, Duloch, East Sands, Pitreavie, and Waterstone Crook.

*Direct Debit monthly price **Monthly pass

Family Add ons Mini Free | Junior £7.50* | Teen £15*

With our adult memberships, a Lite or Club member can add the following junior add ons:

- Mini 0 - 4 years** ✓ Swimming ✓ Athletics Track
- Junior 5 - 12 years** ✓ Swimming ✓ Athletics Track
- Teen 13 - 17 years** ✓ Swimming ✓ Athletics Track ✓ Gym**
- ✓ Fitness Classes**

Venue may vary on access to certain activities. *Direct Debit monthly price. **From 14 yrs

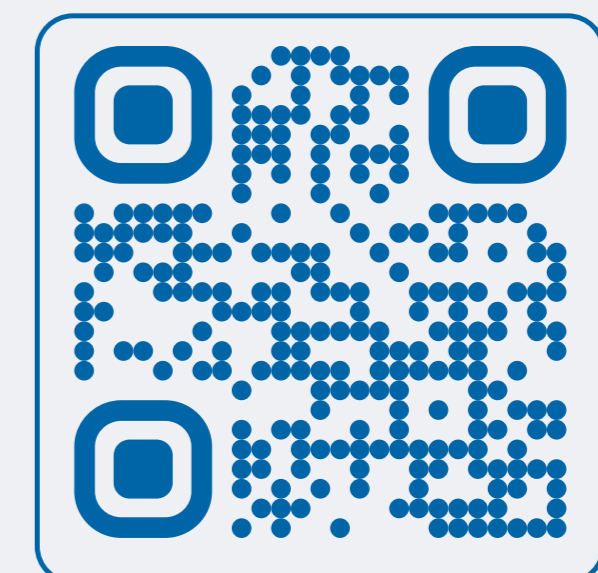
Club Day Pass £8 from 18 years

A Club Day Pass is a great way to try out a venue before you commit to a Club or Lite membership with us.

On purchasing a Club Day Pass, we will refund the £8.00 if you take out a Club or Lite Membership on the same day.

What's included?

- ✓ One day access at purchased venue
- ✓ Gym
- ✓ Public Swimming
- ✓ Fitness Classes
- ✓ Health Suite



Scan me!

For all venue hire enquiries, availability, and pricing, email michaelwoodslc@fifeleisure.org.uk or ask at reception!

Purchase directly at reception today!