



With our **Active Bronze** membership you can swim in any of our 9 pools located throughout Fife!



Put your hands up if you enjoy group fitness classes. Our **Active Diamond** membership gives you access to more than 300 classes every week!



Our gyms are equipped with Origin and Technogym equipment. You can access all 12 of our gyms with our **Active Silver** membership.

Get active with us and take the first step towards a healthier and happier lifestyle.

Join online today

or for more details ask reception for more details

**Benefits of our membership**

- Reach your health and fitness goals with a free gym programme.
- Skip the queue using fast track entry
- Enjoy a free month for every friend you refer
- Pause your membership if you need a break.
- Receive exclusive discounts on additional activities and events



Price List 2022

lumphinnans  
sports hub

facebook.com/**LumphinnansSportsHub**

**Email** Lumphinnans.Sportshub@fifeleisure.org.uk

**Telephone** 01383 602130

31 Gagarin Way, Lumphinnans, KY4 9HW

fifeleisure.org.uk

# Lumphinnans sports hub

The Lumphinnans Sports Hub is the newest addition to our portfolio of leisure facilities in Fife. It comprises of a new full size floodlit astro pitch, which can be split to offer 4 x 7-a-side astro pitches. It also offers changing rooms, a referees room, showers with a club meeting room all with disability friendly access.

Lumphinnans is right next to Cowdenbeath, the centre is situated just off Main Street Lumphinnans you will find a signpost taking you into Gargarin Way and Lumphinnans Sports Hub is located at the bottom of the hill.

## Opening Times

Monday - Friday	4.00pm - 9.00pm
Saturday / Sunday	11.00am - 4.00pm

Please note, last admission 45 minutes before closing.

## Off Peak Times

Saturday / Sunday	11.00am - 4.00pm
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## Quid-a-Kid

This offer is available at weekends as well as during school holidays and in-service days. It offers junior swimming, racquet sports (at participating centres) and football for £1.00 per person. In addition, adults participating with juniors in all racquet sports and football pay only £2.00 per person. See website for participating centres and times.

Monday - Friday	4.00pm - 5.00pm
Saturday - Sunday	11.00am - 4.00pm

## Disabled Access

Our leisure centres can cater for a range of access needs and our trained staff are friendly and supportive, ensuring everyone enjoys their experience. Facilities include: level access, unassisted wheelchair access, disabled parking, disabled toilets, disabled changing facilities, a wheelchair friendly reception desk. Guide dogs are welcome.

## Junior Age/Pricing

Junior pricing is for young people aged 5 - 17 years (14 - 17 years for the gym and 16 - 17 years for the health suite). A second child discount will be available when there is no entitlement to a concessionary rate. This applies when a second or subsequent child from the same family at same address participates in the same block-booked coached activity class as the full paying child. Some venue and activity restrictions apply.

## Active Concession (discount scheme)

Active Concession membership is open to residents of Fife whose individual or family circumstances meet the requirements of the eligibility categories. Details of qualifying criteria can be found on our website or by picking up a leaflet at reception.

Please note. VAT may be payable on all one off bookings made by commercial organisations. Prices correct at time of going to print. Access may vary subject to programme. Personal cheques are no longer acceptable other than those received from sport clubs or businesses.

## Price List

	Full Price	Active Concession
<b>Outdoor Synthetic Pitch</b>	Peak	Off Peak
<b>Adult Full Pitch</b> (60 mins)	£120.00	£60.00
<b>Junior Full Pitch</b> (60 mins)	£84.00	£42.00
<b>Adult Quarter Pitch</b> (60 mins)	£40.00	£20.00
<b>Junior Quarter Pitch</b> (60 mins)	£28.00	£14.00

	Peak	Off Peak
<b>Grass Pitch Hire</b> (Includes changing facilities)		
<b>Adult 7v7</b> (60 mins)	£39.00	£19.50
<b>Junior 7v7</b> (60 mins)	£27.40	£13.70

Please note booking durations may include set up/clearance time

	Peak	Off Peak
<b>Room Hire (60 mins)</b> <b>Club Room</b>	£35.40	£17.70

## Football Coaching (x no. of weeks per block)

<b>Junior</b> (60 mins)	£5.70	£4.00
Additional child	£4.55	-

## Birthday Parties

Includes meeting room with extra 60 mins		
<b>Astroturf Football Party</b>	£81.00	-

## Miscellaneous

<b>Replacement Card</b>	£4.30	-
<b>Membership Band</b>	£6.40	-
<b>Shower Adult</b>	£3.90	-
<b>Shower Junior</b>	£2.75	-



With our Off-Peak booking discount, you can play 7s on our 3G astro for only £20.00 for Adults and £14.00 for juniors.

Price for 60 minutes hire prices - see inside cover for Off Peak times