

# Swimming Pool Timetable

## School Term Timetable

	7am	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
Monday	LANE SWIMMING				AQUA AEROBICS			SCHOOL USE						LADIES ONLY	TRI-CLUB	
Tuesday	LANE SWIMMING				AQUA AEROBICS					SWIMMING LESSONS			SWIMMING CLUB		LANE SWIMMING	
Wednesday	LANE SWIMMING		SWIM LESSONS							SWIMMING LESSONS			SWIMMING CLUB		TRI-CLUB	
Thursday	LANE SWIMMING			SCHOOL USE*			SWIM LESSONS		SWIM LESSONS			SWIMMING CLUB		SWIMMING CLUB		LANE SWIMMING
Friday	LANE SWIMMING		SWIM LESSONS				SWIM LESSONS					SWIMMING CLUB				
Saturday		SWIMMING CLUB		SWIMMING LESSONS												
Sunday		SWIMMING CLUB	LANE SWIMMING			SETUP	FAMILY FUN SESSION	CLEARANCE		PUBLIC SWIMMING (Restricted until 2.15pm when a pool party is booked, please check with reception before your visit)						

Public Swimming
  Bookable Session
  Private Booking
  Pool Closed to Public
 \*term time only

Pool timetable can be subject to change at short notice. Please check with centre status page or the centre's Social Media pages for any amendments to the normal centre timetable @CuparSportsCentre

**Admission Policy:**

Children under 8 years must be accompanied by an adult (16 years) IN THE SAME WATER!

Parent/Child Ratios: 1 Adult: 2 Children (under 5 years) / 1 Adult: 3 Children (5 - 7 years)

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