

Swimming Pool Timetable

	6am	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10pm
Mon	Public Swimming	Public Swimming	Public Swimming	Public Swimming	DEEP WATER AQUA-EROBICS	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	Public Swimming	Public Swimming	Public Swimming	ROOKIE LIFEGUARD	Public Swimming	STEP ROCK SWIM CLUB	Public Swimming	Public Swimming
Tue	Public Swimming	Public Swimming	Public Swimming	Public Swimming	DEEP WATER AQUA-EROBICS	Public Swimming	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	Public Swimming	Public Swimming	JUNIOR TRI CLUB	STEP ROCK SWIM CLUB	Public Swimming	AQUA-EROBICS (POOL CLOSED)	TRIATHLON CLUB (2 LANES)	Public Swimming
Wed	Public Swimming	Public Swimming	Public Swimming	Public Swimming	DEEP WATER AQUA-EROBICS	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	Public Swimming	Public Swimming	SWIMMING LESSONS	STEP ROCK SWIM CLUB	Public Swimming	Public Swimming	Public Swimming	Public Swimming
Thu	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	AQUA-EROBICS	LANE SWIMMING	Public Swimming	ADULT & CHILD (TODDLER POOL CLOSED)	ADULT & CHILD	Public Swimming	SWIMMING LESSONS	STEP ROCK SWIM CLUB	Public Swimming	Public Swimming	Public Swimming	Public Swimming
Fri	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	DEEP WATER AQUA-EROBICS	LANE SWIMMING	ADULT TRI	Public Swimming	STAFF TRAINING	Public Swimming	JUNIOR TRI CLUB	MASTERS SWIM TEAM	Public Swimming	AQUA RUN DISCO (8 - 14 YEARS)	Public Swimming	Public Swimming
Sat	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	CHILDREN'S SWIMMING LESSONS (POOL CLOSED)	LANE SWIMMING	CLUB READY	Public Swimming	Public Swimming	AQUA RUN SESSIONS	Public Swimming	EAST FIFE TRI CLUB	Public Swimming	Public Swimming	Public Swimming	Public Swimming
Sun	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming	LANE SWIMMING	Public Swimming	Public Swimming	AQUA RUN SESSIONS	Public Swimming	STEP ROCK SWIM CLUB	Public Swimming	Public Swimming	Public Swimming	Public Swimming	Public Swimming

Please note sessions are subject to a 15 minute set up clearance time

Public Swimming Bookable Session Private Booking Pool Closed

East Sands Leisure Centre

St Mary Street, St Andrews, Fife, KY16 8LH

Telephone 01334 659473 Email eastsandslc@fifeleisure.org.uk