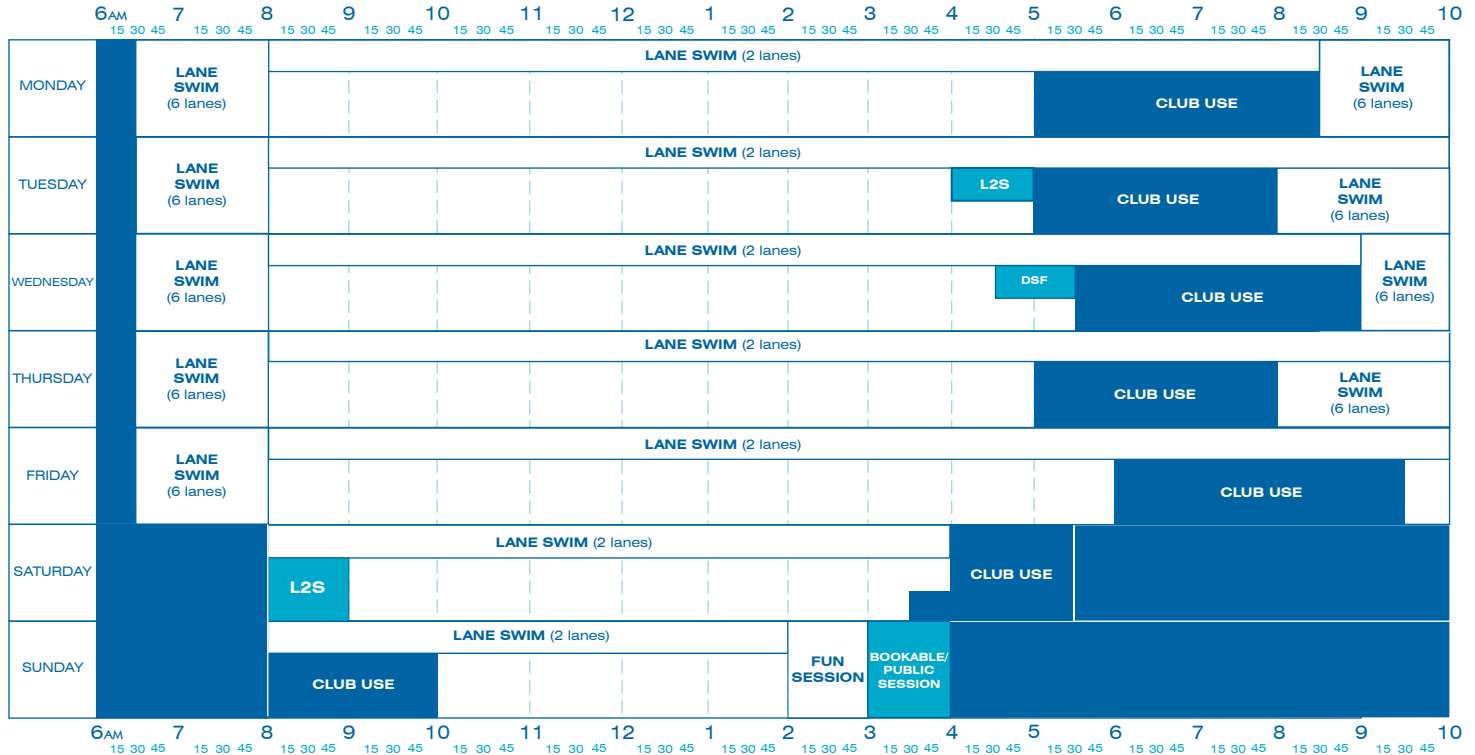


# Main Pool Timetable



### Admission policy:

Children under 8 years must be accompanied by an adult (16 years +) IN THE SAME WATER!  
Parent/Child Ratios: 1 Adult : 2 Children (under 5 years) / 1 Adult : 3 Children (5 - 7 years)

PUBLIC SWIMMING
  CLOSED TO THE PUBLIC
  BOOKABLE SESSIONS

Date of print: January 2019

# Training Pool Timetable

	8AM	9	10	11	12	1	2	3	4	5	6	7	8	9	10	
	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	15 30 45	
MONDAY		SET UP	LEARN TO SWIM			AQUA-EROBICS	SET UP	ACTIVE HYDRO	CLEAR	SET UP	LEARN TO SWIM			CLEAR		
TUESDAY									SET UP	LEARN TO SWIM	SET UP	HYDRO CYCLE	SET UP			
WEDNESDAY						SET UP	LEARN TO SWIM		SET UP	LEARN TO SWIM			SET UP	HYDRO CYCLE		
THURSDAY					SET UP	AQUA-EROBICS	CLEAR		SET UP	LEARN TO SWIM			CLUB USE			
FRIDAY		SET UP	HYDRO CYCLE	CLEAR									CLUB USE		SET UP	HYDRO CYCLE
SATURDAY	SET UP	LEARN TO SWIM				CLEAR										
SUNDAY		SET UP	HYDRO CYCLE	CLEAR	OCTO TOTS				FUN SESSION							

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