

Safeguarding

adult & child protection in sport

Fife Sports and Leisure Trust is unwavering in its commitment to ensuring your safety and security when you visit our venues.

If you are worried about something or need protection, as an adult or child, it's important to speak up and tell someone you trust such as a coach, parent, teacher, or the safeguarding and wellbeing co-ordinator at your sports or leisure venue.

If you do not feel comfortable speaking with anyone you know, a helpful contact number is provided on this poster.

Remember, seeking help and support is important if you are struggling with something.

Your Wellbeing and Safeguarding Contacts



Laura Mihailov
Safeguarding Officer

Mobile
07967454175

Helpful Contact Numbers:

Adult Protection 01383 602200

Police Scotland 101 Emergency 999

ChildLine Scotland 0800 1111

Fife Social Work 03451 551503

(9am - 5pm, Monday to Friday)

03451 550099 (Out of hours)

ParentLine 0800 282233

Young Minds text SHOUT to 85258 free, 24/7 support