



Our Impact in Fife



Corporate Members
4,601



Growth in Junior Activity Sessions Delivered:
2023/24: **103**
2024/25: **114**

↑ **10.68%** Growth

Attendance:
2023/24: **1,616**
2024/25: **1,706**

↑ **5.57%** Growth



Swimming Lessons: Total Children Enrolled:
Monthly Average: **8,324**

↑ **2.05%** Annual Growth



Attendance Breakdown 2024/25:
Dryside Sports: **15,128**
Wet Activities: **25,338**

40,466 Total Attendances:



Funded Partnership Impact:
Learn to Swim **113** through Active for Families and Active Schools.

Junior Coaching **11** through Active for Leisure Families



Junior Activity Programme



Workplace Health Initiatives

Mental Health First Aiders Meetings: **4** times/year
HR Manager Meetings: **12** times/year
HR Info Byte Sessions: **6** times/year
Active Staff Memberships: **452**
Total Staff as of 31st March: **551**
Workforce Members: **82%**

Health & Wellbeing



Sessions Delivered:
5,200+ Long-Term Health Condition Classes Delivered
50+ Sessions Held in Maggie's Centres
8 Six-Week Programmes for Social Justice Social Work Teams



↑ **Referrals:**
Self-Referrals: Increased by **120%** (From 23/24 to 24/25)
Total Referrals: Increased by **17%**

Outcomes:
100% of Participants in Back Pain Programme Improved Pain Levels
76% of Active for Health Participants Increased Physical Activity Levels
90% of Participants in Active for Health and Active Back Care Improved Mental Wellbeing Scores

Staff Training

Average Training Hours per Employee: **8** hours/year
Training Session Duration: **4** hours
L&D Sessions Delivered (Apr 2024 - Apr 2025): **56**
Employees Participated: **679**

Staff Experience

Satisfaction: ↑ **Up 14%** **81%**
Engagement ↑ **Up 12%** **53%**
Enablement ↑ **Up 8%** **78%**

In 2024-25, Fife Sports and Leisure Trust welcomed over

2.6 Million visits

↑ Up from

2.4 Million the previous year

Lifeguard Delivery



In 2024/2025, we trained

102

New lifeguards

through 9 National Pool Lifeguard Qualification (NPLQ) courses.

Growth Pathways



Volunteers:
2024: **12**
2025: **30**

Apprenticeships & Training Placements
University/College: **5**
School Placements: **8**

↑ **150%** Growth

13 Supported

Group Fitness



Attendance:
2024/25: **223,957**
2023/24: **139,135**



Classes Held:
2024/25: **14,322**
2023/24: **10,900**



Instructors:
2024/25: **75**
2023/24: **82**

↑ **60%** Growth

↑ **31%** Increase

↑ **9%** Increase

Customer Experience



Activity Experience: ↑ **Up from 8.63** **8.92/10**
Staff Support & Friendliness:



↑ **Up from 8.37** **9.35/10**
Venue Quality & Cleanliness:



↑ **Up from 8.37** **8.55/10**