

# Referral Form

Client Contact Details			
Name			
Gender		Date of Birth	
Ethnicity			
Address			Postcode

Preferred Method of Contact			
<input type="checkbox"/> Phone		<input type="checkbox"/> Email	

<b>Primary Reason for Referral</b>	
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<b>Are there any other health conditions you would like to make us aware of?</b>

<b>Any mobility issues e.g. walking aids, recent falls, poor balance, etc.</b>

<b>Authorisation - I refer the above client to the physical activity scheme under the terms set out in the referral form.</b>			
Signature of Referrer		Print Name	
Job Title		Place of Work	
Service			
Email		Date of Referral	

### Client Declaration

The information you provide in this form will be kept confidential and held by Fife Sports and Leisure Trust on a secure database. Information will be used by authorised Fife Sports and Leisure Trust staff to help you plan your activity programme, and will also be used by Fife Sports and Leisure Trust for statistical purposes with all statistical data remaining anonymous Fife Sports and Leisure Trust will share your data with funders (on an anonymous basis) and may require to share your data with third parties if you suffer an injury or another medical emergency.

I hereby consent to my data being used in accordance with the statement above and declare that to the best of my knowledge there is no reason why I should not participate in a physical activity programme. I understand that I take part in any recommended programme entirely at my own risk and waive any legal recourse for damages arising from my participation. I also understand that I am responsible for monitoring my own responses during exercise and will inform the instructor of any new or unusual symptoms. I will also inform the instructor of any changes in my medication as soon as possible.

Client GDPR Agreement confirmed via phone call	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Date	
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Client Signature (if in-person consultation)	
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### Referral Submission

Please send completed form via email to [healthwellbeing@fifeleisure.org.uk](mailto:healthwellbeing@fifeleisure.org.uk) or post to the address detailed below:  
Health & Wellbeing Team, Fife Sports and Leisure Trust, Dulloch Leisure Centre, Nightingale Place, Dunfermline, KY11 8LW